

# 4 Seasons

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Unrated Beginner  
編舞者: Peter Metelnick (UK) - 2005  
音樂: You've Got a Friend - The Brand New Heavies



(start after 16 count intro)

- 1-8      **Walk forward 2, R forward rock & recover with ¼ R, L cross step, ½ L turn & R cross step, L side point**  
1-2      Step R forward, step L forward  
3&4      Rock R forward, recover weight on L, turning ¼ right step R to side  
5      Cross step L over R  
6&7      Turning ¼ left step R back, turning ¼ left step L to side, cross step R over L  
8      Point L to side
- 9-16      **L forward, R forward mambo step, L back, R side point, ½ R monterey & side step, R sailor heel**  
1      Step L forward  
2&3      Rock R forward, recover weight on L, step R back  
&4      Step L back, point R to side  
5-6      Turning ½ right step R together, step L to side  
7&8      Cross step R behind L, step L to side, touch R heel forward
- 17-24      **Ball cross weave, L sailor heel, ball cross hold, L syncopated vine**  
&1-2      Step R back, cross step L over R, step R to side  
3&4      Cross step L behind R, step R to side, touch L heel forward  
&5-6      Step L back, cross step R over L, hold  
&7      Step L to side, cross step R behind L  
&8      Step L to side, cross step R over L
- 25-32      **L R L toe switches turning ¼ R, R touch together, walk forward 2, R syncopated rock steps turning ¼ R**  
1&      Point L toes to L side, step L together  
2&      Point R toes to R side, step R together turning ¼ right  
3&4      Point L toes to L side, step L together, touch R together  
5-6      Step R forward, step L forward  
7&      Rock R forward, recover weight on L  
8&      Turning ¼ right rock R back, recover weight on L

**Tag/Restart - At the end of the 5th wall you will be facing the L side wall. Repeat counts 28-32 the 2 walks forward and the rocking chair to end facing front wall.**

**Repeat**