

Besame Mucho

拍數: 64 牆數: 3 級數: Improver
編舞者: Illona Klockner
音樂: Besame Mucho - Wilson David



Dance starts after 48 counts on vocals (time-track 00:24)

BACK ROCK, RECOVER, SIDE ROCK, RECOVER, FRONT SAILOR

1-2 Rock right back, recover weight onto left
3-4 Rock right to right, recover weight onto left
5&6 Cross right over left, rock on ball of left to left, recover weight onto right

BACK ROCK, RECOVER, SIDE ROCK, RECOVER, FRONT SAILOR

7-8 Rock left back, recover weight onto right
9-10 Rock left to left, recover weight onto right
11&12 Cross left over right, rock on ball of right to right, recover weight onto left

FORWARD ROCK, RECOVER, ½ RIGHT TURNING CHASSE

13-14 Rock right forward, recover weight onto left
15&16 Make a ¼ turn right and step right to right, step left beside right, make further ¼ turn right and step right forward (6:00)

FULL RIGHT WALKAROUND TURN

17-20 Walk forward on left, right, left, hold (12:00)
21-24 Walk forward on right, left, right, hold (6:00)

On counts 17-19 curve your walk to turn right so that you will complete a semi-circular path. Hold count 20. Likewise, on counts 21-23 continue to curve your walk (remain turning right) so that you will complete another semi-circular path. Hold count 24. This is a commonly known as the lady's walk-around man variation.

CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, SIDE, COASTER STEP

25-27 Cross rock left over right, recover weight onto right, step left to left
28-30 Cross rock right over left, recover weight onto left, step right to right
31&32 Step left back, step right beside left, step left forward

PIVOT ½ LEFT TURN, FORWARD LOCK STEPS, LEFT VINE

33-34 Step right forward, pivot ½ turn left (weight ends on left) (12:00)
35&36 Step right forward, lock step left behind right, step right forward
37-40 Step left to left, cross right behind left, step left to left, cross right over left

HIP SWAYS, ¼ LEFT TURN, ¼ LEFT TURN, HIP SWAYS, CROSS, MAMBO CROSS

41-42 Step left to left and sway hip left, sway hip right
43 Sway hip left as you make ¼ turn left (9:00)
44-45 Make a further ¼ turn left and step right to right and sway hip to right, sway hip left (6:00)
46 Cross right over left
47&48 Rock left to left, recover weight onto right, cross left over right

SCISSOR STEP TWICE

49-52 Step right to right, step left beside right, cross right over left, hold
53-56 Step left to left, step right beside left, cross left over right, hold

¼ RIGHT, PIVOT ½ RIGHT TURN, LEFT VINE, ½ LEFT UNWIND TURN

57 Make a ¼ and step right forward (9:00)
58-59 Step left forward, pivot ½ turn right (weight ends on right) (3:00)
60-63 Step left to left, cross right behind, step left to left, cross right over left
64 Unwind ½ turn left (weight ends on left) (9:00)

START AGAIN!!

4-COUNTS TAG: On the 2nd and 6th rotation (both starting from 9:00), dance till the 32nd count. You should be facing 3:00 in both rotations. Add in the below 4-counts tag and restart both 3rd and 7th rotation from count 1 facing 3:00.

FORWARD ROCK, RECOVER, SIDE ROCK, RECOVER

1-4 Rock right forward, recover weight onto left, rock right to right, recover weight onto left

RESTART: On the 5th rotation (starting from 9:00), dance till the 37th count. You should be facing 9:00 also. Now, touch right toe beside left on count 38 and restart the 6th rotation from count 1 facing 9:00.
