

# I Keep Forgetting!

**COPPER KNOB**  
BY STEPHEN METZ

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Elke Weinberger (NL)  
音樂: I Keep Forgetting - Lee Ann Womack & Vince Gill



**SIDE ROCK,  
RECOVER,  $\frac{3}{4}$   
RIGHT TURN,  
FORWARD  
STEP,  
FORWARD  
ROCK,  
RECOVER,  $\frac{1}{2}$   
LEFT BALL-  
TURN, SWEEP**

1-2 : Rock right  
to right, recover  
weight onto left  
as you prepare  
to turn right  
3-4 : Execute  $\frac{3}{4}$   
turn right and  
then step right  
forward, step  
left forward  
5-6 : Rock right  
forward, recover  
weight onto left  
&7 : Step on  
ball of right  
behind left,  
execute  $\frac{1}{2}$  left  
turn and then  
step left  
forward  
8 : Sweep right  
from back to  
front (weight  
remains on left)

**TWINKLE  
PATTERNS,  
FORWARD  
ROCK,  
RECOVER,  $\frac{1}{2}$   
RIGHT  
TURNING  
CHASSE**

9&10 : Cross  
right over left,  
step left to left,  
step right to  
right

11&12 : Cross  
left over right,  
step right to  
right, step left to  
left

13-14 : Rock  
right forward,  
recover weight  
onto left

15&16 :  
Execute  $\frac{1}{4}$  turn  
right and then  
step right to  
right, step left  
beside right,  
execute another  
 $\frac{1}{4}$  turn right and  
then step right  
forward

**FORWARD  
STEP,  $\frac{1}{2}$   
RIGHT TURN  
AND BACK  
STEP, SAILOR  
CROSS, SIDE  
TOUCH,  $\frac{1}{2}$   
RIGHT SPIRAL  
TURN, SIDE  
SHUFFLE**

17-18 : Step left  
forward,  
execute  $\frac{1}{2}$  turn  
right then step  
right back

19&20 : Sweep  
left around from  
front to back  
and then step  
left behind right,  
step right to  
right, cross left  
over right

21-22 : Touch  
right to right,  
execute  $\frac{1}{2}$  turn  
right (weight  
remains on left)  
(You should end  
up with right toe  
crossing over  
left)

23&24 : Step  
right to right,  
step left beside  
right, step right  
to right

**CROSS,  
BEHIND  
TOUCH, BACK,  
SIDE, CROSS,  
SIDE, FULL  
TURN RIGHT,  
SIDE**

**SHUFFLE**

25-26&: Cross  
left over right,  
touch right toe  
behind left heel,  
step right back

27-28 : Step left  
to left, cross  
right over left

29-30 : Step left  
to left, execute  
 $\frac{1}{2}$  turn right and  
then step right  
to right

31&32 :

Execute another  
 $\frac{1}{2}$  turn right and  
then step left to  
left, step right  
beside left, step  
left to left

**JAZZ BOX  
WITH  $\frac{1}{2}$  LEFT  
TURN, HIP  
SWAYS,  
TOGETHER,  
HIP SWAYS**

33-36 : Cross  
right over left,  
cross left over  
right, step right  
back, execute  $\frac{1}{2}$   
turn left and  
then step left  
beside right

37-38 : Step  
right to right and  
sway hip right,  
sway hip left  
& : Step right  
beside left

39-40 : Step left  
to left and sway  
hip left, sway  
hip right

**JAZZ BOX  
WITH  $\frac{1}{2}$  RIGHT  
TURN, HIP  
SWAYS,  
TOGETHER,  
HIP SWAYS**

41-44 : Cross  
left over right,  
cross right over  
left, step left  
back, execute  $\frac{1}{2}$   
turn right and  
then step right  
beside left

45-46 : Step left  
to left and sway  
hip left, sway  
hip right

& : Step left  
beside right

47-48 : Step  
right to right and  
sway hip right,  
sway hip left

**TOGETHER,  $\frac{1}{4}$   
LEFT TURN,  
SCISSOR  
STEP,  
TOGETHER,  $\frac{1}{2}$   
LEFT TURN,  
SCISSOR  
STEP**

49-50 : Step  
right close  
together to left,  
step left forward  
as you execute  
 $\frac{1}{4}$  turn left

51&52 : Step  
right to right  
step left beside  
right, cross right  
over left

53-54 : Step left  
close together  
to right, execute  
 $\frac{1}{2}$  turn left and  
then step right  
forward

55&56 : Step  
left to left, step  
right beside left,  
cross left over  
right

**SLIDE,  
TOGETHER,  $\frac{1}{4}$   
LEFT BACK  
COASTER  
TURN, SLIDE,  
TOGETHER,  $\frac{1}{4}$   
LEFT  
FORWARD  
COASTER  
TURN**

57-58 : Slide  
right to right,  
slide left close  
together to right  
59&60 : Step  
right back, step  
left beside right  
as you execute  
 $\frac{1}{4}$  turn left, step  
right forward  
61-62 : Slide left  
to left, slide right  
close together  
to left  
63&64 : Step  
left forward,  
step right  
beside left as  
you execute  $\frac{1}{4}$   
turn left, step  
left back

## **REPEAT**

### *8-COUNTS*

#### *TAG*

At the end of  
the 2nd rotation,  
you will face 12  
O? Clock wall.

Add in the  
following 8-  
counts tag.

**SIDE ROCK,  
RECOVER,  
CROSS  
SHUFFLE,  
MAMBO  
CROSS, SIDE,  
 $\frac{1}{2}$  RIGHT TURN**

1-2 : Rock right  
to right, recover  
weight onto left

3&4 : Cross  
right over left,  
step left to left,  
cross right over  
left

5&6 : Rock left  
to left, recover  
weight onto  
right, cross left  
over right

7-8 : Step right  
to right, execute  
 $\frac{1}{2}$  turn right and  
then step left  
beside right

