

Girlfriends Kick Ass

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Kathy Heller (USA)
音樂: Girlfriends - Jamie O'Neal : (CD: Brave)



**1-8 TOE, HEEL
STOMPS,
MONTEREY,
STEP
FORWARD,
HALF TURN**

1&2 Touch right
toe next to left
(1), touch right
heel next to left
(&), step
forward on right
(2)

3&4 Touch left
toe next to right
(3), touch left
heel next to
right (&), step
forward on left
(4)

5-6 Touch right
toe to side right
(5), make half
turn to right
stepping right
next to left (6)

7&8 Step
forward on left
(7), pivot half
turn to right (&),
step slightly
forward on left
(8) (12 o'clock)

**9-16 SIDE
ROCK CROSS,
SYNCOPATED
VINE LEFT
W/QUARTER
TURN, HALF
TURN LEFT,
FORWARD
SHUFFLE**

1&2 Rock right
to side right (1),
return weight to
left (&), cross
right over left
(2)

3&4 Step left to side left (3), right behind left (&), step left one quarter turn forward (4) (9 o'clock)

5&6 Step forward on right (5), pivot half turn left (&), step forward on right (6) (3 o'clock)

7&8 Shuffle forward LRL (3 o'clock)

17-25 FULL TURN MONTEREY, SIDE MAMBO, FORWARD SHUFFLE, QUARTER TURN

1-2 Touch right to side right (1), make full turn to right stepping right next to left (2)

(easy

alternative:

touch right to side right, step right next to left without turning)

3&4 Rock left to left side (3), return weight on right (&), step left next to right (4)

5&6 Shuffle forward RLR

7-8 Step forward on left (7), pivot quarter to right (8) (6 o'clock)

26-32 CROSS SHUFFLE, ROCK & KICK, COASTER, PUSH STEPS

1&2 Cross shuffle left over right

3&4 Rock right
to side right (3),
replace weight
on left (&), kick
right forward
(4)

5&6 Coaster
step, stepping
back on right
(5), step left
next to right (&),
step forward on
right (6)

7&8 Keeping
weight mostly
on right, do a
push step on
left to side left
(7), full weight
return on right
(&), return
weight fully on
left to side left
(8) (6 o'clock)

**The following
tag will be done
one time after
wall 2 for a total
of 8 counts,
twice after wall
4 for a total of
16 counts. It will
be done to the
front wall both
times right after
the lyrics say
?girlfriends kick
ass?. This
enables you to
be kicking your
right leg at the
same time with
the lyrics. Girls
? give it
ATTITUDE!!!**

TAG

1&2 Touch right
toe next to left
(1), touch right
heel next to left
(&), step
forward on right
(2)

3&4 Rock
forward on left
(3), return
weight on right
(&), step back
on left (4)

5&6 Coaster
step, stepping
back on right
(5), step left
next to right (&),
step forward on
right (6)
7&8 Shuffle
forward LRL

ENJOY!!!!!!!!!!
