

Keep It Burnin'

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: John Robinson (USA) & Craig Bennett (UK)
音樂: Keep The Fire Burning - Beverley Knight



32-count intro.

NOTES: This dance should have a slightly funky West Coast Swing feel.

WALK, WALK, BALL-STEP TURNING 1/4 RIGHT, CROSS, SYNCOPATED VINE RIGHT, LOOK LEFT, LOOK RIGHT WITH 1/4 TURN RIGHT

1,2 Walk, walk L step forward (1), R step forward (2)
&3,4 Ball step, cross Pivot 1/4 right (to 3:00) stepping L ball of foot side left (&), R step next to left/slightly back (3), L step across R (4)
5&6 Side behind side R step side right (5), L step behind R (&), R step side right (6)
7,8 Look, look Sway hips left/turn head to look left (to 12:00) (7), sway hips right into 1/4 turn right ((6:00)/turn head to look towards (6:00) (8)

STEP 1/4 TURN RIGHT, RIGHT SAILOR STEP, LEFT SAILOR STEP, STEP FORWARD, KNEE LIFT (FIGURE 4)

1 Quarter Pivot 1/4 right (9:00) stepping L side left (1)
2&3 Sailor step R step ball of foot behind L (2), L step ball of foot side left (&), R step forward (3)
4&5 Sailor step L step ball of foot behind R (4), R step ball of foot side right (&), L step forward (6)
6,7 Step, lift R step forward (6), L knee lift into figure 4 position, tucking foot behind R calf (7)

SYNCOPATED FULL TURN WITH RONDE, SAILOR STEP, KNEE ROLL STEPS OUT, OUT, BACK, COASTER STEP

8&1 Turn & sweep Pivot 1/2 left (3:00) stepping L forward (8), pivot 1/2 left (9:00))stepping R back (&), sweep L foot out and around counterclockwise (ronde) (1)
2&3 Sailor step L step ball of foot behind R (2), R step ball of foot side right (&), L step forward (3)
4,5,6 Out, out, back R step forward and out side right, rolling knee (4), L step out side L, rolling knee (5), R step back (6)
7&8 Coaster step L step ball of foot back (7), R step ball of foot next to L (&), L step forward (8)

SYNCOPATED SIDE POINTS RIGHT & LEFT & RIGHT HITCH-CROSS, BACK, SIDE, CROSS, RIGHT SIDE SHUFFLE

1&2& Touch & touch R toe touch side right (1), R step home/slightly forward (&), L toe touch side L (2), L step home/slightly forward (&)
3&4 & Touch hitch cross R toe touch side right (3), R knee hitch (&), R step across L
5&6 Back side cross L step back (5), R step side right/slightly back (&), L step across R (6)
7&8 Shuffle right R step side R (7), L step next to R (&), R step side R (8)

START AGAIN AND ENJ