

# Lovergirl

COPPERKNOB  
BY STEPHANETS

拍數: 64      牆數: 4  
編舞者: Elke Weinberger (NL)  
音樂: Lovergirl - Alisha

級數: Intermediate



Note : Bounce  
your hips  
throughout to  
enhance the  
high-spirited  
nature of the  
dance.

**SIDE SLIDE,  
BALL-  
CHANGE, SIDE  
SLIDE, BALL  
CHANGE,  
SIDE, ½ RIGHT  
TURN, SAILOR  
CROSS**

1&2 : Slide right  
to right, rock on  
ball of left  
behind right,  
recover weight  
onto right as  
you click fingers  
to right

3&4 : Slide left  
to left, rock on  
ball of right  
behind left,  
recover weight  
onto left as you  
click fingers to  
left

5-6 : Step right  
to right, execute  
½ turn right and  
then step left to  
left

7&8 : Cross  
right behind left,  
step left to left,  
cross rock left  
over right

**RECOVER, ¾  
RIGHT TURN,  
BACK  
COASTER,  
KICK-BALL-  
FORWARD,  
FULL TURN  
LEFT**

9&10 : Recover weight onto left, execute  $\frac{1}{4}$  turn right and then step right forward, execute another  $\frac{1}{2}$  turn right and then step left back

11&12 : Step right back, step left beside right, step right forward

13&14 : Kick left forward, step left beside right, step right forward

15-16 : Pivot  $\frac{1}{2}$  turn left (weight ends on left), execute another  $\frac{1}{2}$  turn left and then step right back

**SAILOR STEP,  
SAILOR STEP,  
FORWARD,  
BEHIND-TAP  
TWICE (WITH  
INDIAN ARMS  
AND HEAD  
THRUSTS),  
BACK, CROSS-  
TAP TWICE  
(WITH INDIAN  
ARMS AND  
HEAD  
THRUSTS)**

17&18 : Cross left behind right, step right to right, step left to left

19&20 : Cross right behind left, step left to left, step right to right

21 : Step left forward with left bend knee slightly forward as you push both hands forward (Fingers of both hands interlocking each other, palms facing down)

&22 : Tap right toes behind left heel twice. Now, pull both the interlock-fingered palms in count 21 towards and underneath the chin as you thrust your head slightly forward and back twice. Each thrust should be executed in time with each tap step.

23 : Step right back straightening knee up as you now bring the interlock-fingered palms to form an arch above your head.

&24 : Cross tap left toes over right twice. Now thrust head slightly forward and back twice. Each thrust should be executed in time with each tap step.

**STEP, TOE  
AND HEEL  
SWITCHES,  
SCISSOR  
CROSS,  
SCISSOR  
CROSS**

& : Step weight  
onto left as you  
now drop both  
hands down to  
both sides  
25& : Touch  
right toes to  
right, step right  
beside left  
26& : Touch left  
toes to left, step  
left beside right

27& : Touch  
right heel  
forward, step  
right beside left

28& : Touch left  
heel forward,  
step left beside  
right

29&30 : Step  
right to right,  
step left beside  
right, cross right  
over left

31&32 : Step  
left to left, step  
right beside left,  
cross left over  
right

**1½ RIGHT  
SPOT VOLTA  
TURN,  
FORWARD-  
BALL-STEP,  
BACK-BALL-  
STEP**

33& : Execute  
¼ turn right and  
then step right  
forward, step  
onto ball of left  
in place

34& : Execute  
½ turn right and  
then step right  
forward, step  
onto ball of left  
in place

35& : Execute  
½ turn right and  
then step right  
forward, step  
onto ball of left  
in place

36 : Execute  $\frac{1}{4}$   
turn right and  
then step right  
forward

For better  
styling, on  
counts  
33&34&35&36,  
stretch both  
arms up (both  
palms facing  
up).

37&38 : Step  
left forward,  
step right  
beside left, step  
left in place  
(beside right)  
39&40 : Step  
right back, step  
left beside right,  
step right in  
place (beside  
left)

**1½ LEFT SPOT  
VOLTA TURN,  
FORWARD-  
BALL STEP,  
BACK-BALL-  
STEP**

41& : Execute  
 $\frac{1}{4}$  turn left and  
then step left  
forward, step  
onto ball of right  
in place

42& : Execute  
 $\frac{1}{2}$  turn left and  
then step left  
forward, step  
onto ball of right  
in place

43& : Execute  
 $\frac{1}{2}$  turn left and  
then step left  
forward, step  
onto ball of right  
in place

44 : Execute  $\frac{1}{4}$   
turn left and  
then step left  
forward

For better styling, on counts 41&42&43&44, stretch both arms up (both palms facing up).

45&46 : Step right forward, step left beside right, step right in place (beside left)

47&48 : Step left back, step right beside left, step left in place (beside right)

**SIDE SLIDE-BALL STEP, ½ LEFT TURN, SIDE SLIDE-BALL-STEP, ¾ RIGHT CURVATURE TRAVELLING VOLTAS**

49&50 : Slide right to right, step on ball of left beside right, step right in place (beside left)

51&52 : Execute ¼ turn left and the slide left forward, execute another ¼ turn left and then step on ball of right beside left, step left in place (beside right)

53&54&

55&56 : Cross right over left, step left to left, cross right over left, step left to left, cross right over left, step left to left, cross right over left

During counts  
53&54&55&56,  
curve the  
travelling voltas  
gradually so  
that it completes  
a  $\frac{3}{4}$  right turn.

**MAMBO  
CROSS,  
MAMBO  
CROSS,  
FORWARD  
ROCK,  $\frac{3}{4}$  LEFT  
TURNING  
CHASSE**

57&58 : Rock  
left to left,  
recover weight  
onto right, cross  
left over right  
59&60 : Rock  
right to right,  
recover weight  
onto left, cross  
right over left  
61-62 : Rock left  
forward, recover  
weight onto  
right  
63&64 :  
Execute  $\frac{1}{4}$  turn  
left and then  
step left to left,  
step right  
beside left,  
execute another  
 $\frac{1}{4}$  turn left and  
then step left  
forward

**REPEAT**

**RESTARTS**  
On the 1st and  
3rd rotation,  
dance till the  
52nd count and  
start dance  
again (i.e. 2nd  
and 4th rotation)  
from count 1  
facing 9 O?  
Clock wall & 3  
O? Clock wall  
respectively.

On the 6th  
rotation, dance  
till the 15th  
count (pivot  $\frac{1}{2}$   
left turn only),  
then hold 1  
count on the  
16th count and  
restart dance  
from count 1  
facing 6 O?  
Clock.

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