

Shuffle Your Feet's

COPPER **KNOB**
BY FEET'S

拍數: 32 牆數: 4 級數: Improver
編舞者: Ingemar Kardeskog (SWE) - September 2005
音樂: Shuffle Your Feets - Black Rebel Motorcycle Club : (Album: Howl, ECS)



Section 1 Walk,

Walk, Shuffle

forward, Rock,

Step, Triple ½

Turn right

1.2 Walk L

forward, Walk R

forward

3&4 Step L

forward, &

Close R beside

L, Step L

forward

5.6 Rock R

forward,

Recover to L

7&8 Turn ¼

right stepping R

to right side, &

Close L beside

R, Turn ¼ right

stepping R

forward

Section 2 Pivot

½ right, Clap,

Pivot ½ right,

Clap, Rock,

Step, Sailor ¼

Turn left

1.2 Turn ½ right

stepping L back,

Hold and Clap.

Easier option:

Step L forward,

Hold and Clap

3.4 Turn ½ right

stepping R

forward, Hold

and Clap.

Easier option:

Step R forward,

Hold and Clap

5.6 Rock L

forward,

Recover to R

7&8 Cross L
behind R
turning $\frac{1}{4}$ turn
left, & step R
beside L, Step L
slightly to left
side.

Section 3

**Cross, Clap, &
Step, Cross,
Clap, Side
Rock, Behind,
Turn $\frac{1}{4}$ right,
Step**

1-2& Cross R
over L, Hold
and Clap hands,
& Step L to left
side

3-4 Cross R
over L, Hold
and Clap hands

5-6 Rock L to
the left side,
Recover to R

7&8 Step L
behind R, &
Turn $\frac{1}{4}$ right
stepping R
forward, Step L
forward

**Section 4 Step
 $\frac{1}{2}$ Turn Step,
Shuffle forward,
Rock Step,
Triple $\frac{3}{4}$ Turn
right**

1&2 Step R
forward, & Turn
 $\frac{1}{2}$ left onto L,
Step R forward

3&4 Step L
forward, &
Close R beside
L, Step L
forward

5.6 Rock R
forward,
Recover to L

7&8 Turn $\frac{1}{2}$
right stepping R
slightly in place,
& Close L
beside R, Turn
 $\frac{1}{4}$ stepping R
slightly forward

Start again and Enjoy!

Music Suggestion:
Sunshine in the
rain by Bodies
Without Organs
[136 bpm]

Note: Follow
metronome
rhythm between
base drum and
handclap at 148
bpm.
