

# Aphrodisiac!!!

**COPPER KNOB**  
BY STEPHEN METZ

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: M.T. Groove (UK) - September 2005  
音樂: Aphrodisiac - Brandy : (CD: Best of Brandy)



**WALK WALK,  
KICK ¼ POINT,  
TOUCH ¼  
TURN, R  
COATER  
STEP.**

1.2 Walk  
forward R,L.  
3&4 Kick R foot  
forward, Step  
on R as you ¼  
turn R, Point L  
to L side.  
5.6 Touch L toe  
across R, Step  
back on L as  
you ¼ turn R.  
7&8 Step R  
back, Step L in  
place, Step  
forward R.

**OUT OUT  
KNEES IN,  
SHOULDER  
ISOLATIONS,  
HITCH ¼ RUN,  
¼ TURN ¼  
TURN.**

&1-2 Step L to L  
side(&), Step R  
to R side, Turn  
both knees in as  
you drop down  
slightly.  
3&4 Bring R  
shoulder up(3)  
then L  
shoulder(&),  
Hitch L knee  
across R  
leg(raise up on  
ball of R foot as  
you do this) as  
you make a ¼  
turn R.  
5&6 Run  
forward L,R,L.  
(Note this is not  
a shuffle).

7.8 Step back  
on R as you  $\frac{1}{4}$   
turn L, Step L to  
L side as you  $\frac{1}{4}$   
turn L.

**(Restart here  
during wall 3 ?  
you'll be facing  
9 o'clock as  
you restart).**

**HEEL & HEEL,  
& ROCK  
RECOVER,  
TRIPLE  $1\frac{1}{2}$   
TURNS, STEP  
KICK.**

1&2 Touch R  
heel forward,  
Step R in place,  
Touch L heel  
forward.

&3-4 Step L in  
place(&), Rock  
forward on R,  
Recover L.

5&6 Make one  
and a half turns  
right as you  
step R,L,R.

7.8 Step  
forward L, Kick  
R foot forward -  
low kick.

**WALK BACK  
R,L,  $\frac{1}{4}$  TURN  
SLIDE, L  
SAILOR STEP,  
TWIST  $\frac{1}{4}$   
TWIST FULL  
TURN, L  
SHUFFLE.**

&1-2 Step back  
on R(&), Step  
back L, Slide R  
foot to R side as  
you make a  $\frac{1}{4}$   
turn R.

3&4 Step L  
behind R, Step  
R to R side,  
Step L to L  
side.

5.6 Twist body  
¼ to the R,  
Twist Body a full  
turn to the L.  
(your feet will  
swivel  
automatically)!!!  
7&8 Step  
forward L, Close  
R next to L,  
Step forward L.

**For a big finish  
on count 6  
(section 4) twist  
¾ turn back to  
the front.**

start over and  
enjoy.  
Don't just move  
it ? Groove it!!!

*www.mtgroove.  
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