Aphrodisiac!!!



拍數: 32 牆數: 4 級數: Intermediate

編舞者: M.T. Groove (UK) - September 2005

音樂: Aphrodisiac - Brandy: (CD: Best of Brandy)



WALK WALK, KICK 1/4 POINT, TOUCH 1/4 TURN, R **COATER** STEP. 1.2 Walk forward R,L. 3&4 Kick R foot forward, Step on R as you 1/4 turn R, Point L to L side. 5.6 Touch L toe across R, Step back on L as you ¼ turn R. 7&8 Step R back, Step L in place, Step forward R.

OUT OUT KNEES IN. **SHOULDER** ISOLATIONS. HITCH 1/4 RUN, 1/4 TURN 1/4 TURN. &1-2 Step L to L side(&), Step R to R side, Turn both knees in as you drop down slightly. 3&4 Bring R shoulder up(3) then L shoulder(&), Hitch L knee across R leg(raise up on ball of R foot as you do this) as you make a 1/4 turn R. 5&6 Run forward L,R,L. (Note this is not a shuffle).

7.8 Step back on R as you ¼ turn L, Step L to L side as you ¼ turn L. (Restart here during wall 3? you?ll be facing 9 o?clock as you restart).

HEEL & HEEL, & ROCK RECOVER, TRIPLE 1 ½ TURNS, STEP KICK. 1&2 Touch R heel forward, Step R in place, Touch L heel forward. &3-4 Step L in place(&), Rock forward on R, Recover L. 5&6 Make one and a half turns right as you step R,L,R. 7.8 Step forward L, Kick R foot forward low kick.

WALK BACK R,L, 1/4 TURN SLIDE, L SAILOR STEP, TWIST 1/4 **TWIST FULL** TURN, L SHUFFLE. &1-2 Step back on R(&), Step back L, Slide R foot to R side as you make a 1/4 turn R. 3&4 Step L behind R, Step R to R side, Step L to L side.

5.6 Twist body
¼ to the R,
Twist Body a full
turn to the L.
(your feet will
swivel
automatically)!!!
7&8 Step
forward L, Close
R next to L,
Step forward L.

For a big finish on count 6 (section 4) twist 3/4 turn back to the front.

start over and enjoy. Don?t just move it? Groove it!!!

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