Monkay Around

COPPER KNOB

拍數: 64

牆數:2

級數: Intermediate

編舞者: Pete Harkness (UK) & Kate Sala (UK)

音樂: Monkay Around - Travis Tritt : (Album: My Honky Tonk History)



Slightly Slower Music:- `Let?s Stay Together? by Lemar On the album `Dedicated?. 32 count intro. Walk x 2, Sailor 1/2 Turn Right, Step Forward, Rock Back, Coaster Step. 1 2 Walk forward on right, left. 3 & 4 Cross step right behind left. Turn 1/2 right stepping left in place. Step forward on right. 5 6 Step forward on left. Rock back on right. 7 & 8 Step back on left. Step right next to left. Step forward on left. Walk x 2 Sailor 1/2 Turn, Step Forward, Rock Back, Triple 1/2 Turn Left. 1 2 Walk forward on right, left. 3 & 4 Cross step right behind left. Turn ¹/₂ right stepping left in place. Step forward on right.

56 Step forward on left. Rock back on right. 7 & 8 Turn 1/4 left stepping left to left side. Step right next to left.Turn 1/4 left stepping forward on left. Pivot ½ Turn Left x 2, Cross step, Side Step Left & Cross, Step Right. 1 2 Step forward on right. Pivot ¹/₂ turn left. 34 Step forward on right. Pivot 1/2 turn left. 5 Cross step right over left. 6 & 7 Step left to left side. Step right in place & slightly back. Cross step left over right. 8 Step right to right side. **Back Rock &** Hitch, Back rock & Forward Step, Pivot ¹/₂ Turn, Sweep, Weave. 1 & 2 Rock back on left. Recover on to right. Slightly hitch left up. 3 & 4 Rock back on left. Recover on to right. Step forward on left. 5 6 Pivot ¹/₂ turn R taking weight back on L. Sweep R foot round from front to back clockwise.

7 & 8 Cross step right behind left. Step left to left side. Cross step right in front of left.

Step Left Swaying Hips, Touch In, Long Step Right, Anchor Step. 1 2 3 4 Step left swaying hips left, right, left. Touch right next to left. 5 Take a long step on right to right side. 6 & 7 Rock slightly back on left. Rock forward on right. Rock slightly back on left. 8 Step forward on right.

Forward Step, Side Touch **Right, Montery** ³⁄₄ Turn Right, Full Turn Left, Chasse. 1 2 Step forward on left. Touch right toe out to right side. 3 & 4 Turn ³⁄₄ turn right on ball of left. Step right in next to left. Touch left toe out to left side. 5 6 Full turn left travelling left on left, right. (Facing 9 o?clock). (complete full turn with next step). 7 & 8 Step left to left side. Step right next to left. Step left to left side.

Forward step, Sweep, Cross Step, Back Rock, Step Forward, Behind Rock, Back step. 1 2 Step forward on right. Sweep left round from back to front clockwise. 3 4 5 Cross step left over right. Rock back on right. Recover forward on left. 6 Step forward on right. 7 & 8 Cross rock left slightly behind right letting the body turn slightly to left diagonal. Step right in place. Step back on left squaring the body up to the 9 0?clock wall. Full Turn Back, Rock Back, Full Turn Forward, Sweep 1/4 Turn Left & Touch. 1 2 Turn ½ right stepping forward on right. Turn ¹/₂ right stepping back on left. 3 4 Rock back on right. Rock forward on left. 5 6 Turn 1/2 left stepping back on right. Turn 1/2 left stepping forward on left. 7 8 Pivot ¹/₄ left on ball of left sweeping right foot round to the right. Touch right toe next to left.

Start Again Enjoy!