

J B Thang

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Christopher Petre (USA) - June 2005
音樂: Get Up Offa That Thing (Ali Dee Remix) - James Brown : (from Robots movie soundtrack)



Note: Don't start with the lyrics! The lyrics start immediately; but this is an intro. You will start 30 counts after James goes 'Ughhnn!' as only James Brown can!

INTRO - Done only once. Listen for the two loud beats on counts 31 & 32 (on the 7? 8!)

31,32 Jump with both feet to the left side twice. Make it funky by raising arms and pulling elbows down to waist as you land!

1-8 SIDE, TOGETHER, CROSS, HOLD, KNEES ROLLS RIGHT, LEFT, BACK, FORWARD
1,2 Large step to the left on the L, drag the R towards the L and step together (2).
3,4 Cross step L over R, hold for count 4
5,6,7,8 Done rolling knees outward! Step R to right, step L to left, step back on R, step forward on L.

9-16 HITCH TOUCH, HOLD, SWITCH TOUCH, HOLD, ROCK, RECOVER, ¼ L SHUFFLE
&1,2 Hitch R knee (&), turn ¼ left touching R toe out to right side, hold for count 2
&3,4 Turn ¼ right stepping R next to L (&), turn ¼ right touching L toe to left side, hold for count 4
5,6 Rock back on R, recover on L (you are facing the right side wall, 3:00)
7&8 Turning ¼ right (rear wall, 6:00) bump hips twice to the left as you travel left by stepping L to left (7), step together with R (&), step L to left (8). Looks real good when you raise your arms!

On the 8th and 9th walls the tag is here, omit the following ½ turn right and just rock right!

17-24 ½ R ROCK AND CROSSING SHUFFLE, HOLD, KNEE ROLLS OUT, OUT, BUMP BUMP
1&2&3,4 Turning ½ right to face the front wall or starting wall, rock right on R (1), recover on left (&), cross step R over L (2), step L to left (&), cross step R over L (3), hold for count 4
5,6 Done rolling knees outward! Step L to left, step R to right
7,8 Stepping diagonally back on L, bump hips twice towards the back left corner.

25-32 ¼ R STEP, ½ R TOGETHER, ½ R TOUCH, HOLD, BEHIND, ¼ L STEP, ROCK, ¼ L, CROSS
1,2&3,4 Step back R turning ¼ right (3:00), turn ½ right stepping L next to R (9:00), on the ?? count turn ½ right on L (3:00) sweeping R to right, touch R toe to right side, hold
5,6 Step R behind L, turn ¼ left step forward on L (12:00)
7&8 Step forward on R, turn ¼ left recovering weight onto L (9:00), cross step R over L

REPEAT

DON'T WORRY ABOUT THIS TAG, IT'S WAY TOO MUCH FUN!

For this music it is necessary to insert two, small 2-count tags in the right into middle of the dance, between counts 16 and 17. There are no restarts! The tag is TWO JUMPS! (Just like the INTRO of the dance; but completing a ½ right.) Listen to the music and there will be no doubt as to when to do this; you can't miss these two loud, blaring beats!

Tag

1,2 Jump LEFT with both feet as you turn ¼ right. Jump BACK with both feet as you turn ¼ right to complete ½ turn right. Again, make it funky by raising arms and pulling elbows down to waist as you land!

This happens on the 8th (the 2nd time starting on the right side, 3:00 wall) and 9th walls (the 3rd time starting on the front wall, 12:00.) After the tag you simply OMIT the ½ turn right (as the tag will turn you ½ right) and continue the dance with the right rock step (count 17).

