

B² (B Squared)

拍數: 32 牆數: 4 級數: Improver
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音樂: Slow Boat To China - Bette Midler : (CD: Bette Midler Sings The Rosemary Clooney Songbook)



CATWALK STRUTS RIGHT & LEFT, ROCK FORWARD & BACK, ¼ PIVOT HOOK

1-2 Walk forward crossing right over left stepping toe heel
3-4 Walk forward crossing left over right stepping toe heel
5-6 Rock forward right, rock back left
7-8 Step back on right, pivot ¼ left and hook left in front of right

STEP SCUFFS TWICE, CROSS ROCK RECOVER, ¼ PIVOT, STEP & CROSS

1-2 Step forward left, *scuff right forward
3-4 Step forward right, *scuff left forward
5-6 Cross rock left in front of right, recover back on right and pivot ¼ left
7-8 Step down on left, cross right in front of left

Styling tip for counts 2 & 4: execute with a stiff leg and try to look like you are swinging your leg over a small object in a movement to the right

SIDE STRUT, CROSS STRUT, ROCK & CROSS, HOLD

1-2 Step side left, stepping left toe heel
3-4 Cross strut right over left stepping toe heel
5-8 Rock side left, recover right, cross step left over right, hold

& CROSS, HOLD, & CROSS, HOLD, JAZZ BOX ¼ PIVOT RIGHT

&1-2 Step right slightly right, cross left in front of right, hold
&3-4 Step right slightly right, cross left in front of right, hold
5-6 Cross right in front of left, step back left and begin ¼ pivot right
7-8 Complete ¼ pivot right and step right next to left, step forward left

REPEAT

RESTART: After wall 4, restart the dance after count 16. This will go as follows from the beginning of wall 5:

1-12 Do the dance as normal
13-14 Cross rock left in front of right, recover back on right (no pivot)
15-16 Step back on left, hook right in front of left