

# Move Ya Body

COPPER KNOB  
BY STEPHEN HETS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Jemmy L  
音樂: Move Ya Body - Liberty X : (Album: X)



## (Intro - 16 counts on heavy beat)

This album also has a few other great dances on it already; Loverz (Maggie G), Dirty Cash (Dee Musk) and X, which Neville Fitzgerald is choreographing to

## Tap and point, and slow lock step, ¼ rock and cross, ½ cross side behind

1&2&      Tap R next to L, Close R foot, Point L behind R and to R side, Close L.  
3,4&      Step R fwd, lock L behind R, Step R fwd.  
5&6      Make ¼ R rocking L to L, Recover R, Cross L over.  
7&8      Make ½ R crossing R over, Step L to L side, Cross R behind L.

## Toe switches, and cross side heel, and cross anti-clockwise hip roll, L hip bump, L hip bump

1&2&      Switch L to L, close L, Switch R to R, Close R.  
3&4      Cross L over R, Step R to R, Dig L heel to Diagonal L.  
&5,6&      Step L to L, Cross R over L, Roll Hip anti-clockwise directional round.  
7,8      Bump hips L, Bump Hips L (Quickly take weight onto R).

## & cross, Rock and crosses, Rock recover triple turn

&1      Close L, Cross R over.  
2&3      Rock L to L, Recover R, Cross L over R.  
4&5      Rock R to R, Recover L, Cross R over L.  
6&      Rock L fwd, Recover R.  
7&8&      Make 1 ¼ turn L stepping L, R, L, cross R over L.

## Side, back cross side, back cross, point close, Body wiggle

1,2&      Step L to L, Step R back, cross L over.  
3,4&      Step R to R, Step L back, cross R over.  
5,6      Point L to L, close L.  
7,8      Wiggle body.

## Restarts:

Dance the first 4 counts of the dance, but replace the slow lock step with 2 walks R, L

Do this at the beginning of the third wall and beginning of the eight wall both of which are facing the front.

Dance and move ya body.

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