

In These Shoes

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Sonia Darquea (USA) & Ric Darquea (USA) - December 2006
音樂: In These Shoes - Bette Medler : (CD: Bette)



Starts on vocals.

RHUMBA BOX TO RIGHT SIDE

1-4 Step Rt to right side, step Lt together, step Rt back, hold
5-8 Step Lt to left side, step Rt together, Shuffle Lt Fwd.

ROCK RT FWD. AND TURN ½ TO RT, HOLD, PIVOT TURN ½ TO RT, SHUFFLE LT FWD.

9-12 Rock Rt forward, recover on Lt, turn 1/2 to right stepping on Rt, Hold.
13-16 Step Lt forward, pivot turn 1/2 to right, recover on Rt, Shuffle Lt forward.

BACK ROCK TO LT, RT SIDE SHUFFLE, BACK ROCK TO RT, LT SIDE SHUFFLE

17-20 Rock back Rt behind Lt, recover on Lt, Side shuffle Rt.
21-24 Rock back Lt behind Rt, recover on Rt, Side shuffle Lt.

RT JAZZ BOX ¼ TURN RIGHT, PIVOT 1/4 TURN RT, SHUFFLE LT FWD.

25-28 Cross Rt over Lt, Step back Lt, Step Rt 1/4 turn to Right, hold.
29-32 Step Lt Fwd, 1/4 turn to Right , recover on Rt, shuffle Lf. Fwd. [6:00]

Sing along: ?In theeese?shoes??. as you point to your shoes in next 4 counts.

POINT RT TO SIDE, SLIDE RT TOGETHER, MOONWALK BACK 4 TIMES

&33-36 Bent Rt knee (&), Point Rt, Slowly bring Rt home (touch)
37-40 Step back and pop opposite knee and shoulder at the same time : Rt, Lt, Rt, Lt.

MONTERREY TURN, CROSS LT, SIDE STEP RT, ROCK BACK LT, SIDE SHUFFLE LT

41-44 Point Rt to side, turn 1/2 to Rt, stepping Rt next to Lt, Cross Lt over Rt, Side step Rt.
45-48 Rock back on Lt, side shuffle Lt. [12:00]

POINT RT TO SIDE, SLIDE RT TOGETHER, MOONWALK BACK 4 TIMES

49-52 Bent Rt knee (&), Point Rt, Slowly bring Rt home (touch)
53-56 Step back and pop opposite knee and shoulder at the same time : Rt, Lt, Rt, Lt.

CROSS RT, UNWIND 1/2 RT, OUT-OUT, HOLD, SHOULDER MOVES

57-62 Step Rt over Lt, slowly unwind 1/2 to Lt (3 counts) , step back (out-out) , hold [6:00]
63-64 Shoulder moves up as the other comes down : Rt, Lt.

REPEAT

RESTART 1: 2nd wall AFTER count 24.

RESTART 2: 3rd wall, OMIT LAST 8 counts.

ENDING: This dance goes on 6 times, ending in the BACK wall. Start the routine one more time for 30 counts only (You will be facing the front wall).ADD 31,32,33 Rock: Lt, Rt, Lt (throw hips with each beat). For Styling, on last count (33), pop Rt knee and chest Fwd (posing?really).

[EMail](#)