

# Up Side Down

**COPPER** **KNOB**  
BY STEPHEN BRETZ

拍數: 48                      牆數: 4                      級數: Intermediate  
編舞者: Marthe Thibeault (CAN)  
音樂: Upside Down - My Baby : (CD: Disco Dance Hits 1976-1996)



## 6 WALKS FORWARD, STEP RIGHT, STEP LEFT

1-2                      Traveling forward walk right, left  
3-4                      Walk forward right, left  
5-6                      Walk forward right, left  
7-8                      Step right, left in place

Optional arms for above 8 counts. Both arms move at the same time

### Left arm

1                      Straight up over head  
2                      Straight down beside left hip  
3-6                      Repeat 1-2 two more times  
7-8                      Both arms remain down as you step right, left in place

### Right arm

1                      Straight up over head  
2                      Straight out to right side  
3                      Straight down beside right hip  
4-6                      Repeat 1-3 (up, side, down)  
7-8                      Both arms remain down as you step right, left in place

## RIGHT COASTER, 1/2 TURN PIVOT, LEFT SHUFFLE FORWARD, 1/4 LEFT, RIGHT SIDE SHUFFLE

1&2                      Step back on right, step back left next to right, step forward on right  
3-4                      Step forward left, 1/2 turn right taking weight on right  
5&6                      Step forward left, step right beside left, step forward left  
7&8                      1/4 turn left, step right out to right side, step left beside right, step right out to right side

## CROSS STEP, 1/4 TURN KICK, CROSS SHUFFLE, STEP CROSS, HOLD, BOUNCE, BOUNCE

1-2                      Cross left over right, on the ball of left 1/4 turn left, kick right to right side  
3&4                      Cross right over left, Step left to left, cross right over left  
&5                      Step left to left, cross right over left  
6                      Hold  
7-8                      Bounce; bounce (by flexing knees, weight ending on right)

## POINT CROSS, POINT & POINT, CROSS POINT, POINT & POINT

1-2                      Point left to left side, cross left over right  
3&4                      Point right to right side, step right in place, point left to left side  
5-6                      Step left over right, point right out to right side  
&7&8                      Step right in place, point left to left side, step left in place, point right to right side

## BEND KNEES, POINT LEFT, 1/4 TURN LEFT, LEFT FORWARD SHUFFLE, SKATE RIGHT, LEFT, RIGHT, LEFT

1-2                      Bend knees, shift weight over to right, as your point left out to left side  
3&4                      1/4 turn left (or 1 1/4 turns left) step forward left, step right beside left step forward left  
5-6                      Skate right, left  
7-8                      Skate right, left

## 3 WALKS BACK WITH TOUCH, 3 WALKS BACK WITH TOUCH

1-4                      Walk back right, left, right, touch left beside right  
5-8                      Walk back left, right, left, touch right beside left

## REPEAT

