

I Just Know (No Worries)

COPPER KNOB
STEPPING

拍數: 32 牆數: 4 級數: Improver
編舞者: Val Simm (UK)
音樂: No Worries - Simon Webbe : (CD Single)



Start: 32 Count Intro

Step Forward Right, Full Turn Right, ¼ Right Turn Cross, ½ Turn Left, Shuffle Forward

1 Step Forward Right,
2-3 Make a Full Turn Right traveling Forward Left, Right,
4&5 Step Forward Left, Turn ¼ Right Step Right Next To Left, Cross Left Over Right, (3 o'clock)
6-7 Make ¼ Turn Left Stepping Back On Right, Make ¼ Turn Left Stepping Left To Left,
8&1 Right Shuffle Forward, (9 o'clock)

Rock Recover, Sailor Step, Full Turn Right, Right Coaster Step

2-3 Rock Forward On Left, Recover Weight Back On Right,
4&5 Left Sailor Step,
6-7 Make Full Turn Right, Stepping Right, Left (Traveling Back)
8&1 Right Coaster Step

Skate Left, Right, Left Shuffle, Side Behind, Side Together ¼ Turn Right

2-3 Skate Forward Left, Right
4&5 Left Shuffle Forward
6-7 Step Right To Right Side, Step Left Behind Right,
8&1 Step Right To Right Side, Left Beside Right, Step Right ¼ Turn Right, (12 o'clock)

Pivot Half Turn Right, Cross Back, Back, Step Right Diagonal, Left Diagonal, Step Right Left In Place

2-3 Step Forward On Left, Pivot ½ Turn Right, (Weight On Right) (6 o'clock)
4&5 Cross Left Over Right, Step Back On Right, Step Back On Left,
6-7 Step Right Diagonally Forward, Step Left Diagonally Forward,
8& Step Back On Right, Step Left Next To Right,

Start Again.
