

Crazy Frog

拍數: 48 牆數: 4 級數: Improver
編舞者: Sobrielo Philip Gene (SG) - September 2005
音樂: Axel F - Crazy Frog



Its tricky to count out, to start the dance. To make it easier so that you don't miss the first count, touch R foot out to R side for the first step, before you start dancing.

POINT TOUCH, KICK BALL TOUCH, POINT TOUCH, KICK BALL TOUCH

1?2 Touch right to right (1), touch right beside left (2)
3&4 Kick right forward (3), step right beside left (&), touch left beside right(4)
5?6 Touch left to left (5), touch left beside right (6)
7&8 Kick left forward (7), step left beside right (&), touch right beside left (8)

CROSS POINT, CROSS POINT, KICK STEP TOGETHER, BOUNCE

1-2 Cross right over left (1), point left to left (2)
3-4 Cross left over right (3), point right to right (4)
5&6 Kick right forward (5), step right back (&), step left beside right (6)
7-8 Making ¼ turn left bounce heels twice (7-8)

WALK FORWARD, MAMBO STEP, WALK BACK, COASTER STEP

1-2 Walk forward right then left (1-2)
3&4 Rock right forward (3), recover weight onto left (&), step right beside left (4)
5-6 Walk back left then right (5-6)
7&8 Step left back (7), step right beside left (&), step left forward (8)

CROSS STEP, SAILOR STEP, CROSS STEP, SAILOR ¼ TURN

1-2 Cross right over left (1), step left to left (2)
3&4 Step right behind left (3), step left to left (&), step right to right (4)
5-6 Cross left over right (5), step right to right (6)
7&8 Step left behind right (7), step right back making ¼ turn left (&), step left forward (8)

PIVOT ½ TURN, PIVOT ½ TURN, OUT, OUT, IN, IN

1-2 Step right forward (1), turn ½ turn left putting weight on left (2)
3-4 Step right forward (3), turn ½ turn left putting weight on left (4)
5-6 Step right forward to right diagonally (5), step left forward to left diagonally (6)
7-8 Step right back (7), step left back beside right (8)

MAMBO STEPS, PIVOT ¼ TURN, BOUNCES

1&2 Rock right to right (1), recover weight to left (&), step right beside left (2)
3&4 Rock left to left (3), recover weight to right (&), step left beside right(4)
5-6 Step right forward (5), turn ¼ left (6)
7-8 Bounce heels twice putting weight onto left (7-8)

Repeat

In the middle of 4th wall the music will slow down just continue with the original speed do not slow down just do until counts 5-6 of the last eight which will bring you to the front and hold for 1 count then start again..