

Trashed!!!

COPPER KNOB
STEPSHETS

拍數: 48 牆數: 4 級數: Intermediate
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音樂: Thrown Out Of Love - Jason McCoy : (CD: Sins, Lies and Angels)



**1-8 SIDE &
SIDE & ROCK
STEP /
COASTER
STEP /
STEP-1/2
TURN**

1& Point Right
toe to Right
side, Step Right
next to Left
2& Point Left
toe to Left side,
Step Left next to
Right
3-4 Step
Forward on
Right, Rock
weight back
onto Left
5&6 Step back
on Right, Step
Left next to
Right, Step
forward on
Right
7-8 Step
forward on Left,
Pivot 1/2 turn
Right

**9-16 SHUFFLE
FWD / FULL
TURN FWD /
ROCK STEP /
COASTER
STEP**

1&2 Step
forward on Left,
Step Right next
to Left, Step
forward on Left

3-4 1/2 turn Left
stepping back
on Right, 1/2
turn Left
stepping
forward on Left
(Alt- walk fwd
on Right, walk
fwd on Left)
5-6 Step
forward on
Right, Rock
weight back
onto Left
7&8 Step back
on Right, Step
Left next to
Right, Step
forward on
Right

**17-24 CROSS
ROCK /
CHASSE /
CROSS ROCK /
CHASSE 1/4
TURN**

1-2 Cross Left
over Right,
Rock weight
back onto Right
3&4 Step Left to
Left side, Step
Right next to
Left, Step Left
to Left side
5-6 Cross Right
over Left, Rock
weight back
onto Left
7&8 Step Right
to Right side,
Step Left next to
Right, Step
Right 1/4 turn
Right

**25-32 STEP-1/4
TURN / CROSS
SHUFFLE / 1/2
HINGE TURN /
CROSS & 1/4
TURN**

1-2 Step
forward on Left,
Pivot 1/4 turn
Right

3&4 Cross Left
over Right, Step
Right to Right
side, Cross Left
over Right
5-6 1/4 turn Left
stepping back
on Right, 1/4
turn Left
stepping Left to
Left side
7&8 Cross Right
over Left, Rock
weight onto
Left, Step Right
1/4 turn Right

**33-40 STEP-
TOUCH / &
HEEL &
TOUCH /
MODIFIED
MONTERAY
TURN**

1-2 Step
forward on Left,
Touch Right toe
behind Left
heel
&3 Step back
on Right, Touch
Left heel
forward
&4 Step Left
next to Right,
Touch Right toe
next to Left
5-6 Point Right
toe to Right
side, 1/2 turn
Right stepping
Right next to
Left
7&8 Step Left to
Left side, Rock
weight onto
Right, Step Left
next to Right

**41-48 STEP-
TOUCH / &
HEEL &
TOUCH /
STEP-1/2
TURN /
SHUFFLE
FWD**

1-2 Step
forward on
Right, Touch
Left toe behind
Right heel
&3 Step back
on Left, Touch
Right heel
forward
&4 Step Right
next to Left,
Touch Left toe
next to Right
5-6 Step
forward on Left,
Pivot 1/2 turn
Right
7&8 Step
forward on Left,
Step Right next
to Left, Step
forward on Left

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