Couldn't Resist!



拍數: 32 牆數: 4 級數: Improver

編舞者: Ingemar Kardeskog (SWE) - November 2005 音樂: Can't Resist - Texas from : (Album: Red Book)



I would like to dedicate this dance to my 4 weeks old grand daughter. I became father at age of 23, and now my son Seth and daughter in law Jessica became parents, at age of 24. Welcome to the world Wilma

Section 1 Shuffle forward, Walk, Walk, Rock, Recover, **Back Shuffle** 1&2 Step R forward & Close L beside, Step R forward 3-4 Walk L. Walk R 5-6 Rock L forward, Recover to R 7&8 Step L back & Close R beside L, Step L back

Section 2 Shuffle 1/2 Turn, Chasse, Back, Rock, Kick Ball Cross 1&2 Turn 1/4 right stepping R to right side & Close L beside R, Turn 1/4 right stepping R forward 3&4 Step L to left side & Close R beside L, Step L to left side

5-6 Rock R back, Recover to L 7&8 Kick R diagonally to right & Step R beside L, Cross L over R

Section 3 Side, Hook ¼ Turn left, Shuffle forward, Step ½ Turn, Coaster Step 1-2 Step R to right side, Turn 1/4 left on ball of R hooking L 3&4 Step L forward & Close R beside L. Step L forward 5-6 Step R forward, Turn ½ left stepping R back (keeping weight onto R) 7&8 Step L back & Step R beside L, Step L forward

Section 4 1/4 Turn Chasse, Back, Rock, Side, Behind, Turn 1/4 left, Hitch 1&2 Turn 1/4 left stepping R to right side & Close L beside R, Step R to right side 3-4 Rock L back, Recover to R 5-6 Step L to left side, Step R behind L 7-8 Turn 1/4 left stepping L forward, Hitch

Start from the beginning again and be happy.