Out Of Habit

拍數:	32	牆數:	2	級數:	Beginner

編舞者: Daniel Trepat (NL)

音樂: Out If Habit - BR5-49

Restart: Dance wall 4 until count 16, then start again.

Shuffle ½ turn, shuffle backwards, side shuffle to right, side shuffle to left.

1 RF Step forward, 1/4 turn left
& LF Step together
2 RF Step backwards, 1/4 turn left
3 LF Step backwards
& RF Step together
4 LF Step backwards
5 RF Step to the right
& LF Step together
6 RF Step to the right
7 LF Step to the left
& RF Step together
8 LF Step to the left

Kick forward, kick with ¼ turn right, coasterstep, kick forward, kick with ¼ turn, coasterstep.

1 RF Kick forward
2 RF Turn ¼ right on LF and kick forward

3 RF Step
backwards
& LF Step
together
4 RF Step
forward
5 LF Kick
forward
6 LF Turn ¼ left
on RF and kick
forward
7 LF Step
backwards
& RF Step
together
8 LF Step
forward

Kicks forward, boogie walks, touch.

1 RF Kick
forward
2 RF Step
together
3 LF Kick
forward
4 LF Step
together
5 RF Step
forward, hold
your knee
against your
L.knee
6 LF Step
forward, hold
your knee
against your
R.knee
7 RF Step
forward, hold
your knee
against your
L.knee
8 LF Touch next
to RF

Big step left, slide, dixie kick forward, low kick backwards.

1 LF Big step to
the left
2-3-4 RF Slide
till next to LF,
without weight
5 RF Kick right
heel forward
6 Hold

7 RF Low kick
backwards
8 Hold

**Start over
again.**