

# One Step Forward

**COPPER KNOB**  
STEPSHETS

拍數: 20      牆數: 4      級數: Improver  
編舞者: Betty Wilson (USA) & Charlotte Lucia (USA)  
音樂: One Step Forward - Desert Rose Band



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- Section 1**      **One Step Forward & Two Steps Back' Leading Left.**  
1 - 2      Step Forward Left. Touch Right Beside Left.  
3 - 4      Step Back Right. Close Left Beside Right.  
5 - 6      Step Back Right. Touch Left Beside Right.
- Section 2**      **Chasse Left.**  
7 - 8      Step Left To Left Side. Close Right Beside Left.  
9 - 10      Step Left To Left Side. Touch Right Beside Left.
- Section 3**      **'one Step Forward & Two Steps Back' Leading Right.**  
11 - 12      Step Forward Right. Touch Left Beside Right.  
13 - 14      Step Back Left. Close Right Beside Left.  
15 - 16      Step Back Left. Touch Right Beside Left.
- Section 4**      **Chasse Right With 1/4 Turn Right & Scuff.**  
17 - 18      Step Right To Right Side. Close Left Beside Right.  
19 - 20      Step Right 1/4 Turn Right. Scuff Left Beside Right.
- REPEAT**
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