

# Sos Please

COPPER KNOB  
STEPPERS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Jill Babinec (USA) & Angela McCoy - January 2006  
音樂: S.O.S. (Rescue Me) - Rihanna



(no restarts or tags YEAH!) ? 32 count intro

**WALK R-L, R KICK BALL CHANGE, out out and cross LFT, STEP RT side,touch L**

1-2            Walk forward R, L  
3&4           Kick R forward, step ball of R next to L, step L next to R  
&5&6          Jump R out to side (&), jump L out to side (5), jump R in and step next to L(&), cross step L over R(6)  
7,8            Step side R, Touch L

**SYCOPATED VINE L WITH CROSS , HOLD, STEP FWD L , ½ PIVOT R ,STEP ON L, R TOUCH**

1-2&          Step side L, Step behind with R, Step side L  
3-4            Cross R over L, Hold  
5-6            Step fwd on L, turn ½ to R and take weight (6:00 wall)  
7-8            Step L next to R, touch R toe next to Left

**TOE POINTS, HITCH R AND CROSS, UNWIND ½ , BODY ROLL**

1&2            Point R toe to R side, step R next to L, point L toe to L side  
&3&4          Step L next to R(&), point R toe to R side(3), Hitch R (&), cross R in front of L (4)  
5-6            Unwind ½ turn to the L (12:00 wall)  
7-8            Body roll (weight ends on R)

**TOE POINTS, HITCH L AND CROSS, UNWIND ¾ , BODY ROLL**

1&2            Point L toe to L side, step L next to R, point R toe to R side  
&3&4          Step R next to L, point L toe to L side, Hitch L, cross L in front of R  
5-6            Unwind ¾ turn to the R for 2 counts (9:00 wall)  
7-8            Body roll (weight ends on L)

**Walk r-l, R kick ball change and L HEEL slide back, L coaster STEP**

1-2            Walk forward R - L  
3&4            Kick R forward, step ball of R next to left, step L next to R  
&5-6          Hitch R knee slightly (&), long step bkwd on R (5) , drag L heel back to R (6) no weight  
7&8            Step back L, step R beside L, step forward L

**R TOE POINT, TOUCH, POINT & MONTEREY TURN ½ TO R WITH LUNGE ON R, BODY ROLL**

1-2            Point R toe to R , touch R toe beside L  
3&4            Point R toe to R (3), Pivot on L ball ½ turn over R shoulder (&), Step to R side on Rt (4) (3:00 wall)

(you should have a slight bend in both knees and feet are shoulder width apart main wt on R)

5-8            While bending at knees make a clock wise circle down and then back up to weight on Rt

\*\* easier option for count 4-8: place R foot beside L (4), Hip bumps ? L(5)-R(6)-L(7)-R(8) \*\*

**MODIFIED JAZZ BOX WITH CROSS, 2 LEFT SIDE BODY ROLLS MOVING LEFT**

1-4            Cross L over R, step back on R, step to L and slightly back on L, cross R over L  
5-6            Step to L as you start a side body roll (5), end body roll with weight on R (6)  
&7-8          Step to L (&), Start side body roll (7), end body roll with weight on L touch R toe (8)

\*\* easier option counts 5-8: Step L(5), Step R beside L (6), Step L (7), Touch R beside L (8) feel free to use your shoulders and get funky with it?shoulders can go up down up down.

**HIP- HIP-BACK-BACK, SWEEP WITH ¼ TURN R AND STEP, L KICK BALL TOUCH**

1-2            Step fwd diagonally R as roll R hip cw (1), Step fwd diagonally L as roll L hip ccw (2),

3-4 Step back diagonally R on R (3), step back diagonally L on L (4)  
5-6 Sweep R foot making a  $\frac{1}{4}$  R (5), Step R beside L (6) (6:00 wall)  
7&8 Kick L forward, step on ball of L next to R, Touch R toe next to L

**RESTART ? HAVE FUN**

Jill ? TOOFDDS1@aol.com, Angela ? Angela\_Mc71107@yahoo.com

---