

# Black & White

拍數: 32      牆數: 2      級數: Improver  
編舞者: Ian Forster & Pauline Forster (UK) - April 2006  
音樂: Missing You - Brooks & Dunn : (CD: Tight Rope)



Alternatives: Livin' In Black And white - Tracy Lawrence 114 bpm CD The Coast is clear OR Almost any 4/4 beat track between 90-145 bpm

## 1-4      LEFT HOOK, STEP, RIGHT SHUFFLE

Hook left across right, touch toe down, step left forward Right shuffle forward RLR

## 5-8      LEFT HOOK, STEP, SHUFFLE 'i4 TURN

Hook left across right, touch toe down, step left forward Shuffle forward turning 1/2 left stepping RLR

## 9-12      SKATE LEFT, SKATE RIGHT, LEFT SHUFFLE

skate diagonal left, skate diagonal right, Left shuffle forward LRL

## 13-16      ROCK RECOVER, 1/2 TURN SHUFFLE

Rock forward on right, recover onto left, Shuffle back turning 1/2 right stepping RLR

## 17-20      STEP FORWARD, PIVOT 1/2 TURN, LEFT SHUFFLE

step forward left, pivot 1/2 right, Left shuffle forward LRL

**TAG:- DANCED AT THIS POINT DURING 4TH WALL ONLY, THEN RESTART FROM BEGINNING**

1-4      Rock forward on right, recover onto left, Rock right on right, point left forward diagonally left

## 21-24      ROCK RECOVER, 1/4 TURN RIGHT ROCK RECOVER

Rock forward on right, recover onto left, Turning 1/4 right, rock right on right, recover onto left

## 25-28      WEAVE, STEP 1/4 TURN (or see alternative below)

Cross right over left, step left to left side, step right behind left, turning 1/4 left, step forward left

## 29-32      JAZZ BOX TOUCH

Cross right over left, step back onto left, Step right to right side, point left forward diagonally left

**Start again**

### Alternativet sequence

## 25-28      REVERSE ROLLING WEAVE WITH 3/4 TURN RIGHT

Cross right over left, step left to left side, step right behind left, turning 3/4 right, step left beside right