

Black & White

COPPER **KNOB**
BY STEPHEN BATES

拍數: 32 牆數: 2 級數: Improver
編舞者: Ian Forster & Pauline Forster (UK) - April 2006
音樂: Missing You - Brooks & Dunn : (CD: Tight Rope)



Alternatives: Livin' In Black And white - Tracy Lawrence 114 bpm CD The Coast is clear OR Almost any 4/4 beat track between 90-145 bpm

1-4 LEFT HOOK, STEP, RIGHT SHUFFLE

Hook left across right, touch toe down, step left forward Right shuffle forward RLR

5-8 LEFT HOOK, STEP, SHUFFLE 'i4 TURN

Hook left across right, touch toe down, step left forward Shuffle forward turning 1/2 left stepping RLR

9-12 SKATE LEFT, SKATE RIGHT, LEFT SHUFFLE

skate diagonal left, skate diagonal right, Left shuffle forward LRL

13-16 ROCK RECOVER, 1/2 TURN SHUFFLE

Rock forward on right, recover onto left, Shuffle back turning 1/2 right stepping RLR

17-20 STEP FORWARD, PIVOT 1/2 TURN, LEFT SHUFFLE

step forward left, pivot 1/2 right, Left shuffle forward LRL

TAG:- DANCED AT THIS POINT DURING 4TH WALL ONLY, THEN RESTART FROM BEGINNING

1-4 Rock forward on right, recover onto left, Rock right on right, point left forward diagonally left

21-24 ROCK RECOVER, 1/4 TURN RIGHT ROCK RECOVER

Rock forward on right, recover onto left, Turning 1/4 right, rock right on right, recover onto left

25-28 WEAVE, STEP 1/4 TURN (or see alternative below)

Cross right over left, step left to left side, step right behind left, turning 1/4 left, step forward left

29-32 JAZZ BOX TOUCH

Cross right over left, step back onto left, Step right to right side, point left forward diagonally left

Start again

Alternativet sequence

25-28 REVERSE ROLLING WEAVE WITH 3/4 TURN RIGHT

Cross right over left, step left to left side, step right behind left, turning 3/4 right, step left beside right