

# Let's Samba

拍數: 40      牆數: 4      級數: Improver  
編舞者: Susan Bangonkale (SG)  
音樂: Macarena - Los del Río : (Album: Macarena Non Stop)



## Start with vocal

### VOLTA FULL SPOT TURN, RIGHT AND LEFT

1&2&      Step right ¼ forward, step onto ball of left in place, repeat  
3&4      Step right ¼ forward, step onto ball of left in place, step right ¼ forward  
5&6&      Step left ¼ forward, step onto ball of right in place, repeat  
7&8      Step left ¼ forward, step onto ball of right in place, step left ¼ forward

### FRONT SAILOR, BACK SAILOR, RIGHT SHUFFLE, SHUFFLE ½ RIGHT TURN

1&2      Step right over left, recover weight on the left, step right to the right  
3&4      Step left behind right, recover weight on the right, step left to the left  
5&6      Shuffle forward, right left right  
7&8      Shuffle 1/2 right, left right left

### ROCK BACK, ¾ LEFT TURN, POINT, BIG STEP FORWARD PUSH LEFT HIP UP, CROSS ROCK POINT

1-2      Rock back on the right, recover on the left  
3-4&      ¾ left turn, point right feet next to left  
5&6      Take big step forward (right), push left hip up, point right feet next to left  
7&8      Cross right over left, return weight on the left and point right feet beside left

### CAMEL WALK, SHOULDER ROLL, CAMEL WALK, HIP ROLL

1&      Step diagonally right with left hip pushing up, drop the hip and move left feet behind right  
2&      Step right forward with left hip pushing up, drop the hip and move left feet behind right  
3&4      Roll shoulder anti-clockwise  
5&      Step diagonally left with right hip pushing up, drop the hip and move right feet behind left  
6&      Step left forward with right hip pushing up, drop the hip and move right feet behind left  
7&8      Roll hip anti-clockwise

### SHUFFLE FORWARD ¼ RIGHT, REPEAT, FRONT MAMBO, FULL TURN

1&2&      ¼ R turn, Shuffle forward, right left right left  
3&4      ¼ R turn, Shuffle forward, right left right  
5&6      Rock left forward, recover on the right, step left next to right  
7-8      Full left turn