

Us 2

拍數: 64 牆數: 1 級數: Intermediate
編舞者: Tina Lincoln (UK) - March 2006
音樂: Making Memories of Us - Keith Urban



32 count intro

Step Right, Left Beside, Side Together 1/4, Step Left Forward Pivot 1/2 Turn, Left Shuffle

1,2, Step Right, step left beside right ,
3 & 4 Step right, step left beside right, Step right making ¼ turn right
5,6, Step left foot forward pivot ½ turn right,
7 & 8 Left Shuffle forward

Full Turn, Right Shuffle, Rock Left, Coaster Step

9,10, Step forward on right making ½ turn left, step back on left making ½ turn left, (full turn going forward),
11 & 12 Right shuffle forward
13,14 Rock left foot to left side, rock back onto right foot,
15 & 16 Step left foot back, step right foot beside left, step left foot forward Step right, left beside, side together 1/4, step left forward pivot 1/2 turn, left shuffle

17,18 Step right, step left foot beside right
19 & 20 Step right, step left foot beside right, step right making ¼ turn right
21,22 Step left foot forward pivot ½ turn right,
23 & 24 Left Shuffle forward

Full Turn, Right Shuffle, Rock Left, Coaster Step

25,26 Step forward on right making ½ turn left, step back on left making ½ turn left. (full turn going forward)
27 & 28 Right shuffle forward
29,30 Rock left foot to left side, rock back onto right foot,
31 & 32 Step left foot back, step right foot beside left, step left foot forward

Step Right, Hold, Step Right 1/4, Hold. Step Left Forward, Pivot 1/2 Turn, Left Shuffle Forward

33,34 Step right, hold
&35,36 And step right ¼ turn, hold
37,38 Step left foot forward, pivot ½ turn right
39 & 40 Left shuffle forward

Sweep Foot Forward, Step Down X 4

41,42 Sweep right foot round stepping on right toe, then place heel down
43,44 Sweep left foot round stepping on left toe, then place heel down
45,46 Sweep right foot round stepping on right toe, then place heel down
47, 48 Sweep left foot round stepping on left toe, then place heel down
On steps 41 - 48 you can make four slow 1/2 turns going forward

Rock Right Foot Forward, Coaster Step, Rock Left Forward, Coaster Step

49,50 Rock right foot forward, rock back onto left foot
51 & 52 Step back on right foot, step left beside right, step right foot forward
53,54 Rock forward on left foot, rock back onto right foot
55 & 56 Step left foot back, step right beside left, step left foot forward

Rock Right Foot To Side, Sailor Step, Rock Left Foot To Side, 1/4 Sailor Step Right

57,58 Rock right foot to the side, rock back onto left foot
59 & 60 Step right foot behind left foot, step left foot beside right, step right foot forward

61,62 Rock left foot to left side, rock back onto right foot

63 & 64 Step left foot behind right. Step 1/4 turn right on right, step left beside right

Repeat and enjoy,KEEP IT COUNTRY
