Second Chance

拍數: 32	**牆數:** 2	**級數:** Beginner

編舞者: Hazel Pace (UK) - May 2006

音樂: No One Hurts Me More Than Me - Chris Cummings

32 Counts on Vocals for both tracks

Or Who Says You Can?t Go Home by Bon Jovi w/ Jennifer Nettles (128 bpm)

1 ? 8	**Rock, Recover, Back, HOLD, & Back, Back, Right Coaster Step.**
1 ? 2	Rock Forward on Right, Recover on Left.
3 ? 4	Step Back on Right, HOLD.
&5-6	Quickly Step Back on Left, Walk Back on Right, Left.
7 &8	Step Back on Right, Step Left Beside Right, Step Forward on Right.

9 ? 16	**Cross, HOLD, & Cross Side, Left Sailor Step, Behind Unwind 1/2 Right.**
1 ? 2	Cross Left Over Right, HOLD.
&3-4	Small Step Right, Cross Left Over Right, Step Right to Right Side.
5 &6	Step Left Behind Right, Step Right to Right Side, Step Left in Place.
7 ? 8	Cross Right Behind Left, Unwind 1/2 Turn Right (Weight on Right).

17 ? 24	**Cross, Side, Behind Side Cross, Side Rock, Recover, Cross, HOLD.**
1 ? 2	Cross Left Over Right, Step Right to Right Side.
3 &4	Step Left Behind Right, Step Right to Right Side, Cross Left Over Right.
5 ? 6	Rock Right to Right Side, Recover on Left.
7 ? 8	Cross Right Over Left, HOLD.

25 ? 32	**& Cross Side, Right Sailor Step 1/4 Turn Right, Left Shuffle, Full Left Turn Forward.**
&1-2	Small Step Left Side, Cross Right Over Left, Step Left to Left Side.
3 &4	Make 1/4 Turn Right Stepping Right Behind Left, Step Left Beside Right, Step Forward on Left.
5 &6	Step Forward on Left, Step Right Beside Left, Step Forward on Left.
7 ? 8	Make 1/2 Turn Left Stepping Back on Right, make 1/2 Turn Left, Stepping Forward on Left.