

High Jacked

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Lynne Martino (USA)
音樂: All Jacked Up - Gretchen Wilson : (CD: All Jacked Up)



After 4 taps of drumsticks, start dance on vocal

Sequence:A,A,A,A,B,A,A,Restart,A,C,A

Part A

- 1-8 Right heel touches, right vine, left heel touches, left vine**
1,2 Tap R heel 2X
3&4 Step R, L behind R, step R
5,6 Tap L heel 2X
7&8 Step L, R behind L, step L
- 9-16 R forward, ½ pivot turn L, R forward, ½ pivot turn L, R sailor, L sailor, step R**
1,2 Step forward on R, ½ pivot L, recover on L
3,4 Step forward on R, ½ pivot L, recover on L
5&6&7&8 Step R to right side, step L behind R, step forward on R. Step L to L side, step R behind L, step forward on L. Step forward on R
- 17-24 Forward L, ½ pivot turn R, ½ turn triple R, R coaster step, L cross and cross**
1,2 Step forward on L, ½ turn pivot R, recover on R
3&4 Step L, R, L making a ½ turn right
5&6 Step back on R, step L next to R, step forward on R
7&8 Cross L over R, step on R, cross L over R
- 25-32 Step R right side, Step ¼ left on L, forward R rock step, forward L rock step, forward R, ½ pivot turn L**
1,2 Step R to right side,, step ¼ left on L
3&4 Rock forward on R, recover weight on L, step back on R
5&6 Rock forward on L, recover weight on R, step back L
7,8 Step forward on R, ½ turn pivot L, recover weight on L

Part B: 24 counts

5th wall (front wall) After last 8 counts, you are facing front wall.

1-8 Jazz Box

- 2x**
1,2,3,4 Cross R over L, step back on L, step R next to L, step L next to R
5,6,7,8 (Repeat)
- 9-16 Forward R, ½ pivot turn L, Forward R, ½ pivot turn L, Step out R, L.**
1,2 Step R forward, ½ pivot turn left, recover L
3,4 Step R forward, ½ pivot turn left, recover L
5,6,7,8 Step R out, step L out, Step R in, step L in
- 16-24 R toe points 2X, R heel digs 2X, L toe points 2X, L heel digs 2X**
1&2&3&4& Point R toe to right side, touch R back next to L, point R toe to right side, step R next to L. Tap R heel forward, touch R toe next to L, tap R heel forward, step R next to L
5&6&7&8& Point L toe to left side, touch L back next to R, point L toe to left side, step L next to R. Tap L heel forward, touch L toe next to R, tap L heel forward, step L next to R

Start ?A? again on 5th wall

Restart on 6th Wall after 24 counts, start ? A? again.

Part C:

End of dance slows down at the end of the 6th wall.

In the last 8 counts, after R forward rock, L recover, step back on R, step forward on L and hold for 8 counts, step ¼ R on R (3 o'clock wall) and hold for 4 counts, step L next to R and hold for 4 counts. Swivel hips slowly for 4 counts to R then crank your right arm in front of you R to L for 4 counts(vocal on ?all?) then start ?A? as soon as the song starts again.
