

All Week Long

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Peter Metelnick (UK) - July 1998
音樂: Seven Nights to Rock - BR5-49 : (Album: Big Backyard Beat Show)



Start on vocals

or Who's Cheating Who - Alan Jackson (Practice)

Section 1 **Right Grapevine, Cross Rock Twice.**

- 1 - 3 Step right to right side. Cross left behind right. Step right to right side.
- 4 Scuff left forward turning body to right diagonal.
- 5 - 6 Cross rock left over right. Rock back onto right.
- 7 - 8 Cross rock left over right. Rock back onto right.

Section 2 **Side Steps with Touches, 1 & 1/4 Rolling Turn Left.**

- 9 - 10 Step left to left side. Touch right beside left. (Optional clap/snap)
- 11 - 12 Step right to right side. Touch left beside right. (Optional clap/snap)
- 13 - 14 Step left 1/4 turn left. Make 1/2 turn left, stepping back onto right.
- 15 - 16 Make 1/2 turn left stepping forward onto left. Scuff right forward.

Note: An alternative for rolling turn left is grapevine with a 1/4 turn left.

Section 3 **Step Scuffs, Stroll Back, Hitch.**

- 17 - 18 Step forward right. Scuff left forward. (Optional clap/snap)
- 19 - 20 Step forward left. Scuff right forward. (Optional clap/snap)
- 21 - 23 Stroll back - Right, Left, Right.
- 24 Hitch left knee. (Optional - hop on right)

Section 4 **Slow Coaster Step, Step Scuff, 1/4 Turning Jazz Box Right.**

- 25 - 26 Step back on left. Step right beside left.
- 27 - 28 Step forward left. Scuff right forward.
- 29 - 30 Cross step right over left. Step back left.
- 31 - 32 Step right 1/4 turn right. Step left beside right.

Section 5 **Monterey Turn, Toe Struts Travelling To Left Diagonal.**

- 33 Touch right to right side.
- 34 On ball of left pivot 1/2 turn right stepping right beside left.
- 35 - 36 Touch left to left side. Step left beside right.
- 37 - 38 Cross right toes over into left diagonal. Drop right heel taking weight.
- 39 - 40 Step left toes to left side. Drop left heel taking weight.

Note: (Optional finger snaps on toe struts)

Section 6 **Cross Rock, 1/4 Turn Right, Hitch, Lock Step, Slap.**

- 41 - 42 Cross rock right over left. Rock weight back onto left.
- 43 - 44 Step right 1/4 turn right. Hitch left knee. (Optional - hop on right)
- 45 - 46 Step forward left. Lock right behind left.
- 47 - 48 Step forward left. Hook right behind left and slap with left hand.