

Wake Up

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Improver
編舞者: Glennys Croston (UK) - May 2006
音樂: Wake up Wake Up - Dave Sheriff : (CD Overworked Underpaid)



32 COUNT IN FROM BEGINNING

SIDE TOE SWITCHES WITH CLAPS

1&2&3&4 TOUCH RIGHT TOE TO SIDE BRING RIGHT TO LEFT TOUCH LEFT TOE TO
SIDE, BRING LEFT TO RIGHT TOUCH RIGHT TOE TO SIDE DOUBLE CLAP
5&6&7&8 REPEAT ABOVE STEPS STARTING TO LEFT SIDE (DOUBLE CLAP)

LEFT SHUFFLE ROCK RECOVER ½ TRIPLE TURN RIGHT ROCK RECOVER

9&10 LEFT SHUFFLE FORWARD
11-12 ROCK FORWARD ON RIGHT RECOVER ON LEFT
13&14 MAKE ½ TRIPLE TURN RIGHT ON(R .L. R.)
15-16 ROCK FORWARD ON LEFT RECOVER ON RIGHT

½ TRIPLE TURN LEFT STEP ½ TURN X 2 SIDE BEHIND

17&18 MAKE ½ TRIPLE TURN LEFT ON (L. R. L.)
19-20 STEP FORWARD ON RIGHT PIVOT ½ TURN LEFT
21-22 STEP FORWARD ON RIGHT PIVOT ½ TURN LEFT
23-24 STEP RIGHT TO SIDE CROSS LEFT BEHIND RIGHT

¼ TURN RIGHT SHUFFLE PIVOT ½ RIGHT SKATE SKATE LEFT SHUFFLE

25&26 MAKE ¼ TURN RIGHT SHUFFLE FORWARD
27-28 STEP FORWARD ON LEFT PIVOT ½ TURN RIGHT
29-30 SKATE FORWARD LEFT RIGHT
31&32 LEFT SHUFFLE FORWARD

ROCK RECOVER RIGHT COASTER STEP ROCK RECOVER ¼ LEFT CHASSE

33-34 ROCK FORWARD ON RIGHT RECOVER ON LEFT
35&36 RIGHT COASTER STEP
37-38 ROCK FORWARD ON LEFT RECOVER ON RIGHT
39&40 MAKE ¼ TURN LEFT CHASSE TO SIDE (SIDE TOGETHER SIDE)

CROSS OVER SIDE BEHIND & CROSS SIDE ROCK RECOVER CROSS SHUFFLE

41-42 CROSS RIGHT OVER LEFT STEP LEFT TO SIDE
43&44 CROSS RIGHT BEHIND LEFT BRING LEFT TO RIGHT & CROSS RIGHT OVER LEFT
45-46 ROCK ON LEFT TO SIDE RECOVER ON RIGHT
47&48 CROSS LEFT OVER RIGHT STEP RIGHT TO SIDE CROSS LEFT OVER RIGHT

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