

Voque

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4
編舞者: Raymond Sarlemijn (NL)
音樂: Vogue - Madonna

級數: Intermediate/Advanced



Step out,out, handmovements

- 1 step out LF to left side (2nd) Hands stredged out with palms out
- 2 stay in this position (2nd) Hands stredged out with palms in
- 3 Stick right arm crosswise behind left arm (elbows tight together)
- & Elbows against each other arms next to eachother in front off face
- 4 Right arm goes in front of left arm down to side of your body and Rf step next to left

Kick ball step , knee pops

- 5 Kick RF forward
- & Step back on RF
- 6 Step LF in front of RF
- 7 Rf make a circle with your knee turning Right
- 8 Turning ¼ right side

Swivels 4 times

- 1 Point Right toe forward heel pointing to left, LF heel pointing right
- & stand on both toes
- 2 Point Right toe backwards heel pointing to left, LF heel pointing right
- & stand on both toes
- 3 Point Right toe forward heel pointing to left, LF heel pointing right
- & stand on both toes
- 4 Point Right toe backwards heel pointing to left, LF heel pointing right

Kickball step, ½ turn right

- 5 Kick RF forward
- & Step back on RF
- 6 Step LF in front of RF(stay in this position)
- 7 Turn ½ right(weight on LF)
- & Roll you hand Right over left
- 8 Stretch out Right hand upwards and left hand point forward

Shuffle, points

- 1&2 Shuffle R,L,R forward
- 3 Point Left toe to left side
- & weight change
- 4 Point Right toe right side

½ turn right, kick ball point

- 5 Lift up RF turning ½ right
- 6 Step RF next to Lf
- 7 Kick RF forward
- & Step back on RF
- 8 point Left toe to left side

Arm movements

- 1 Weight on RF slightly bend knee put right arm on left arm
- 2 Pull right arm upwards(elbow right on top of hand left arm)
- 3 Circle both hand in front of your body counter clockwise
- 4 Cross Lf behind right pointing both arms to right side

Shuffle side ways, ½ turn right

5&6 Shuffle L,R,L to leftside
7 RF cross behind LF
8 Turn ½ right ending in 1st position
