

Meat N Taters

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Gloria Johnson (USA)
音樂: Meat & Potatoes Man - Brice Long



FORWARD SHUFFLE, 1/2 TURN, BACKWARD SHUFFLE, ROCK-STEP, 1/4 TURN

1&2 Step RIGHT forward; Step LEFT together; Step RIGHT forward;
& Turn 1/2 right on RIGHT foot;
3&4 Step LEFT back; Step RIGHT together; Step LEFT back;
5,6 Rock-step RIGHT back; Rock forward onto LEFT;
7,8 Step RIGHT forward; Pivot 1/4 turn left onto LEFT foot.

SYNCOATED TOE AND HEEL TOUCHES

9,10 Touch RIGHT heel forward; Hold;
& Step on RIGHT;
11,12 Touch LEFT toe back; Hold;
& Step on LEFT;
13&14 Touch RIGHT heel forward; Step on RIGHT; Touch LEFT toe back;
&15,16 Step on Left; Touch RIGHT heel forward; Hold.

RIGHT SIDE SHUFFLE W. 1/4 TURN LEFT, ROCK-STEP, 1/2 PIVOT TURN, KICK-BALL-TOUCH

17&18 Step RIGHT to right side; Step LEFT together; Turning 1/4 left, step on RIGHT;
19,20 Rock-step LEFT back; Rock forward onto RIGHT;
21,22 Step LEFT forward; Pivot 1/2 turn right onto RIGHT foot;
23&24 Kick LEFT forward; Step on LEFT; Point RIGHT toe to right side.

BACK ROCK, FORWARD ROCK, 3/4 PIVOT TURN, HOLD FOR 2

25,26 Rock-step RIGHT back; Rock forward onto LEFT;
27,28 Rock-step RIGHT forward; Rock back onto LEFT;
29,30 Touch RIGHT toe behind Left heel; Pivot 3/4 turn right onto LEFT foot;
31,32 Hold for 2 counts.

BEGIN DANCE AGAIN
