

# Two Left Feet

拍數: 32      牆數: 4      級數: Improver  
編舞者: Lavinia Shann (UK) & Mick Shann (UK) - June 2006  
音樂: Two Left Feet - The Holloways



Start immediately on music. When using this track there is a 4 count pause in the music which comes on count 20, after the first hip bumps.

Pose and Stare for these 4 counts as in the video of The Holloways then do 2 Cross Points and Restart the dance from the beginning.

If you want to leave out the restart start the dance 4 counts after the music silence.

Working For The Man by Lee Kernaghan, Most Awesome CD No 10

## Rolling Grapevines With Claps (Alternative: Leave out turns)

- 1-4      Step R to R side with  $\frac{1}{4}$  Turn R, Step L to L side with  $\frac{1}{4}$  Turn R, Step R to R side With  $\frac{1}{2}$  Turn R, Touch L Next to R. & Clap.  
5-8      Step L to L side with  $\frac{1}{4}$  Turn L, Step R to R side with  $\frac{1}{4}$  Turn L, Step L to L side With  $\frac{1}{2}$  Turn L, Touch R Next to L. & Clap.

## Walks Back, Heel Switches With 1/4 Turn Right & Clap

- 1-2      Walk Back. R,L,  
3-4      Walk Back. R,L,  
5&6      Turning Qtr Right. Tap R Heel in Front, Switch R next to L,  
& 7, 8      Tap L Heel in Front, Switch L next to R, Tap R Heel in Front, During Heel Switches, Hold & Clap

## Hip Bumps & Hip Grind With Attitude

- 1-2      Bump R Hips Forward x 2,  
3-4      Bump L Hips Backward x 2,  
5-8      Hip Grinds or Bumps (Whatever takes your fancy over 4 counts)

If using The Holloways track pose and stare during silent 4 counts of track instead of Hip Grinds. Do Two Point Crosses and Restart the dance at the beginning.

## Cross Points x 4

- 1-2      Cross R over L, point L to L Side,  
3-4      Cross L over R, point R to R Side,  
5-8      Repeat 1-4
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