

# Me And My Gang

**COPPER** KNOB  
BY STEPHEN METZ

拍數: 58      牆數: 2      級數: Intermediate  
編舞者: Michael Morgan (USA)  
音樂: Me and My Gang - Rascal Flatts : (CD: Me and My Gang)



## **¾ PADDLE TURN**

1&2&3&4&      Push around with right foot turning ¾ to the left (left foot)

## **RIGHT SIDE, TOGETHER, TRIPLE RIGHT, REPEAT**

1-2      Step right foot to right, step left foot beside right  
3&4      Right triple step to right (right, left foot, right)  
Option:      snake (bob head) to beat  
5-6      Step left foot to left, step right foot beside left foot  
7&8      Left foot triple step to left (left foot, right, left foot)  
Option:      snake (bob head) to beat

## **REPEAT SIDE STEPS ABOVE**

1-8      Repeat above steps 1-8

## **STEP ACROSS, UNWIND, HOLD**

1-2      Step right foot across left foot, unwind ½ to the left  
3-4      Hold

## **MODIFIED SAILOR SHUFFLE**

&1-2      Step right foot behind left foot, step left foot across right, step right beside left  
&3-4      Step left foot behind right, step right foot across left, step left foot beside right  
&5-6      Step right foot behind left, step left foot across right, step right beside left  
&7      Step left foot behind right, step right foot across left  
8      Unwind ¼ to the left

## **SHUFFLE, TURN, KICK-BALL-CHAIN, HOLD**

1&2&      Kick right foot out and back, kick left foot out and back  
3-4      Lift right knee up turning ¼ to the right  
5&6      Left foot kick-ball-change ending weight on right foot  
7-8      Lift left knee up turning ¼ to the left

## **FORWARD WALK, TRIPLE**

1-2      Walk forward right, left  
3&4      Right triple forward (right, left, right)  
Option:      raise hands like grabbing right reins  
5-6      Walk forward left, right  
7&8      Left foot triple forward (left, right, left)  
Option:      raise hands like grabbing reins

## **REPEAT WALK**

1-8      Repeat 1-8 above

## **REPEAT**