Mexicali Blues



拍數: 64 牆數: 2 級數: Improver

編舞者: DJ Dan (NL) & Wynette Miller (NL) - July 2006

音樂: My Baby No Esta Aqui - Garth Brooks: (CD: The Lost Sessions)



Intro 32 counts, start on vocals.

Begin again and have fun.

Or Music: My Baby No Esta Aqui No More by Ty England, CD: Highways & Dance Halls (180 bpm)

1-8 1-2 3-4 5-8	HIP BUMPS; SHUFFLE FORWARD Step Right forward bump hips forward twice. Bump hips back twice. Step Right forward. Step Left next to Right. Step Right forward. HOLD.
9-16 1-2 3-4 5-8	HIP BUMPS; SHUFFLE FORWARD Step Left forward bump hips forward twice. Bump hips back twice. Step Left forward. Step Right next to Left. Step Left forward. HOLD.
17-24 1-4 5-8	MAMBO FORWARD; COASTER CROSS Rock Right forward. Recover weight onto Left. Step Right next to Left. HOLD. Step Left back. Step Right next to Left. Cross Left over Right. HOLD.
25-32 1-4	SIDE MAMBO 1/4 TURN RIGHT; SIDE MAMBO Rock Right to right side. Recover weight on Left 1/4 turn right. Step Right next to Left. HOLD.
5-8	Rock Left to left side. Recover weight onto Right. Step Left next to Right. HOLD. [3]
33-40 1-4	SIDE MAMBO 1/4 TURN RIGHT; MAMBO FORWARD Rock Right to right side. Recover weight on Left 1/4 turn right. Step Right next to Left. HOLD.
5-8	Rock Left forward. Recover weight onto Right. Step Left next to Right. HOLD. [6]
41-48 1-4 5-8	LOCK STEP BACK, 1/2 TURNING SHUFFLE Step Right back. Lock Left over Right. Step Right back. HOLD. Shuffle 1/2 turn left stepping Left, Right, Left. HOLD. [12]
49-56 1-4 5-8	STEP, HOLD, 1/4 PIVOT, HOLD, X2 Step Right forward. HOLD. Pivot 1/4 turn left. HOLD. [9] Step Right forward. HOLD. Pivot 1/4 turn left. HOLD. [6]
57-64 1-4 5-8	ROCKING CHAIR, STEP, SCUFF, STEP, SCUFF Rock Right forward. Recover weight onto Left. Rock Right back. Recover weight onto Left. Step Right forward. Scuff Left forward. Step Left forward. Scuff Right forward.