

Mexicali Blues

拍數: 64 牆數: 2 級數: Improver
編舞者: DJ Dan (NL) & Wynette Miller (NL) - July 2006
音樂: My Baby No Esta Aqui - Garth Brooks : (CD: The Lost Sessions)



Intro 32 counts, start on vocals.

Or Music: My Baby No Esta Aqui No More by Ty England, CD: Highways & Dance Halls (180 bpm)

- 1-8 HIP BUMPS; SHUFFLE FORWARD**
1-2 Step Right forward bump hips forward twice.
3-4 Bump hips back twice.
5-8 Step Right forward. Step Left next to Right. Step Right forward. HOLD.
- 9-16 HIP BUMPS; SHUFFLE FORWARD**
1-2 Step Left forward bump hips forward twice.
3-4 Bump hips back twice.
5-8 Step Left forward. Step Right next to Left. Step Left forward. HOLD.
- 17-24 MAMBO FORWARD; COASTER CROSS**
1-4 Rock Right forward. Recover weight onto Left. Step Right next to Left. HOLD.
5-8 Step Left back. Step Right next to Left. Cross Left over Right. HOLD.
- 25-32 SIDE MAMBO 1/4 TURN RIGHT; SIDE MAMBO**
1-4 Rock Right to right side. Recover weight on Left 1/4 turn right. Step Right next to Left. HOLD.
5-8 Rock Left to left side. Recover weight onto Right. Step Left next to Right. HOLD. [3]
- 33-40 SIDE MAMBO 1/4 TURN RIGHT; MAMBO FORWARD**
1-4 Rock Right to right side. Recover weight on Left 1/4 turn right. Step Right next to Left. HOLD.
5-8 Rock Left forward. Recover weight onto Right. Step Left next to Right. HOLD. [6]
- 41-48 LOCK STEP BACK, 1/2 TURNING SHUFFLE**
1-4 Step Right back. Lock Left over Right. Step Right back. HOLD.
5-8 Shuffle 1/2 turn left stepping Left, Right, Left. HOLD. [12]
- 49-56 STEP, HOLD, 1/4 PIVOT, HOLD, X2**
1-4 Step Right forward. HOLD. Pivot 1/4 turn left. HOLD. [9]
5-8 Step Right forward. HOLD. Pivot 1/4 turn left. HOLD. [6]
- 57-64 ROCKING CHAIR, STEP, SCUFF, STEP, SCUFF**
1-4 Rock Right forward. Recover weight onto Left. Rock Right back. Recover weight onto Left.
5-8 Step Right forward. Scuff Left forward. Step Left forward. Scuff Right forward.
- Begin again and have fun.