

She Will (Sometimes)

拍數: 64 牆數: 4 級數: Beginner
編舞者: Maggie Gallagher (UK) - March 2000
音樂: Sometimes She Will - The Dean Brothers



Heel Grind, Rock back, Rock Forward, Step 1/2 Turn

1-2 Right Heel grind forward, Rock back on left
3-4 Rock back on right, rock forward on left
5-6 Step forward on right, Pause
7-8 1/2 turn left, Pause

Heel Grind, Rock back, Rock Forward, Step 1/2 Turn

9-10 Right Heel grind forward, Rock back on left
11-12 Rock back on right, rock forward on left
13-14 Step forward on right, Pause
15-16 1/2 turn left, Pause

Toe, Hold, Heel, Hold, Toe, Heel Together (This step is like a Dwight Walk)

17-18 Touch right toe to left instep, Pause
19-20 Touch right heel to left instep, Pause
21-22 Touch Right toe to left instep, touch right heel to left instep (travelling right)
23-24 Step right in place, Pause

Toe, Hold, Heel, Hold, Toe, Heel Together (This step is like a Dwight Walk)

25-26 Touch left toe to right instep, Hold
27-28 Touch left heel to right instep, Hold
29-30 Touch left toe to right instep, touch left heel to right instep (travelling left)
31-32 Step left in place, Hold

(Option: - For 17-20 & 25-28, a double toe and double heel can replace the single toe and hold, and single heel and hold)

Side Rock, Cross, Clap, Side Rock, Rock 1/4 turn

33-34 Rock right to right side, replace weight on left
35-36 Cross right over left, Hold and Clap
37-38 Rock left out to left side, make 1/4 turn right stepping forward on right
39-40 Step forward on left, Hold

2 Step Clicks, Walk for 3, Hold

41-44 Step forward on right, click fingers, step forward on left, click fingers
45-48 Walk forward, bending knees, right, left, right, Hold

Lock Back, Kick, Clap, Lock Back, Kick Clap

49-51 Step back on left, lock right in front of left, step back on left
52 Kick right forward and Clap
53-55 Step back on right, lock left in front of right, step back on right
56 Kick left forward and Clap

Coaster Step, 1/2 Turn

57-60 Step back on left, Step back on right, step forward on left, Pause
61-62 Step forward on right, Pause
63-64 1/2 pivot turn left, Pause

Web Site: www.maggieG.co.uk