

Shake It Shake It

COPPER KNOB
BYEFOOTETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Aggie Marler (USA) - October 2006
音樂: Built For Blue Jeans - Tyler Dean



(with lots of hip bumps and bootie/body rolls)

(I am working on making a 2 wall or progressive funky ?Black Velvet? type version of this dance for the late night crowd of kids so they can do it in a very close congo type line - probably making the last 8 counts a $\frac{3}{4}$ turn instead of full turn -feel free to experiment with it!)

Hip bumps diagonal fwd 4X

- 1, 2 Touch Right diagonal forward while bumping right hip, step on right diagonal forward while bumping right hip
- 3, 4 Touch Left diagonal forward while bumping left hip, step on left diagonal forward while bumping left hip
- 5, 6, 7, 8 Repeat counts 1-4

Pivot $\frac{1}{2}$ turn left, pivot $\frac{1}{4}$ turn left, hip bumps 4X

- 1, 2 Step forward on right (with optional hip bump), pivot $\frac{1}{2}$ turn left, step on left
- 3, 4 Step forward on right (with optional hip bump), pivot $\frac{1}{4}$ turn left, step on left
- 5, 6, 7, 8 Bump hips right, left, right, left (or shake your bootie when the music says ?shake it?, or do a funky dance move when the music says ?dance?)

Step side, touch 4X (with optional body rolls or hip rolls)

- 1, 2 Step right with right (optional body or hip roll), touch left beside right
- 3, 4 Step left with left (optional body or hip roll), touch right beside left
- 5, 6, 7, 8 repeat counts 1-4

Paddle turn $\frac{1}{4}$ left 4X (with hip bumps, body/hip rolls, etc)

- 1, 2 Touch front with right, pivot $\frac{1}{4}$ turn left on left (bump or roll hips as you turn),
- 3, 4 Repeat counts 1, 2
- 5, 6 Repeat counts 1, 2 OR double time the counts doing two paddle turns to make the $\frac{1}{4}$ turn (5,&, 6, &)
- 7, 8 Repeat counts 5, 6 (with the double time option of 7,&,8,&)

Enjoy!

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