

Always Forever

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Sandie Kristensen (DK) - September 2006
音樂: I Love You Always Forever - Donna Lewis : (CD: Now In A Minute)



Start the dance as the music speeds up, after 1 min

POINT, POINT, COASTER STEP

1-2 Point right toe forward, point right toe to the right side
3&4 Step back right, step left beside right, step forward right
5-6 Point left toe forward, point left toe to the left side
7&8 Step back left, step right beside left, step forward left

HIP BUMPS RIGHT, HIP BUMPS LEFT, TWO ¼ PADDLE TURNS

1-2 Step forward right, as you bump your hips twice to the right
3-4 Step forward left, as you bump your hips twice to the left
5-6 Step forward right, on ball of left, turn ¼ to the left
7-8 Step forward right, on ball of left, turn ¼ to the left

Restart from here on 9th wall (facing back wall)

ROCK STEP FORWARD, RECOVER, TRIPLE STEP ON THE SPOT, SIDE, TOGETHER, LEFT CHASSE

1-2 Rock forward right, recover left
3&4 Step right beside left, step left in place, step right in place
5-6 Step left to the left, step right beside left
7&8 Step left to the left, step right beside left, step left to the left

½ PIVOT TURN LEFT, TWICE, ROCKING CHAIR

1-2 Step forward right, turn ½ to the left
3-4 Step forward right, turn ½ to the left
5-6 Rock forward right, recover left
7-8 Rock back on right, recover left

REPEAT

RESTART: Restart from count 16 on the 9th wall