

Cha Cha My Love

COPPER KNOB
BY STEPHEN BRETZ

拍數: 40 牆數: 4 級數: Improver
編舞者: Kip Lo (CAN)
音樂: Latin Eyes - Laura Fygi : (CD: The Ultimate Album Latin 4)



RIGHT FOOT FORWARD, LEFT FOOT FORWARD, RECOVER ON RIGHT FOOT, COASTER CROSS, RIGHT FOOT SIDESTEP, TOGETHER LEFT FOOT AND CHASSE RIGHT-LEFT-RIGHT TO RIGHT SIDE

- 1-2-3 Step right foot forward, step left foot forward & recover weight back to right foot
4&5 Step left foot back, step right foot beside left foot & cross step left foot over right foot
6-7 Step right foot to right side & close step left foot beside right foot
8&1 Step right foot to right side, close step left foot beside right foot & step right foot to right side

DOUBLE CUBAN ROCKS, ¼ TURN BODY TO LEFT, LEFT FOOT STEP FORWARD; RIGHT FOOT KICK & BALL STEP RIGHT FOOT BACK, CHANGE WEIGHT TO LEFT FOOT AND A CHA-CHA LOCK FORWARD STEPS RIGHT LEFT RIGHT

- 2&3&4& Cross step left foot over right foot & forward diagonally towards right corner, recover weight back to right foot, step left foot to left side (part weight), recover weight back to right foot, cross step left foot over right foot & forward diagonally to right corner & recover weight back to right foot
5 Make a ¼ turn body pivot to left as you take a small step forward with left foot
6&7 Kick right foot forward (low kick) & using the same foot back step-down on ball of right foot and change weight back to left
8&1 Step right foot forward, step left foot behind right foot locking left knee back of right knee & step right foot forward having release from the locked knees

LEFT FOOT FORWARD, RECOVER ON RIGHT FOOT, COASTER LEFT, RIGHT FOOT FORWARD; ½ TURN BODY TO LEFT, RIGHT FOOT TO RIGHT SIDE, RECOVER ON LEFT AND CROSS RIGHT OVER LEFT

- 2-3 Step left foot forward & recover weight back to right foot
4&5 Back step with left foot, close step right foot to left foot and step left foot forward
6-7 Step right foot forward, make ½ turn body pivot to left stepping forward on left foot
8&1 Step right foot to right side, recover weight back to left foot & cross step right foot over left foot

LEFT TOE POINT TO LEFT SIDE, CROSS LEFT FOOT OVER RIGHT FOOT, KICK RIGHT FOOT FORWARD, BACK STEP RIGHT FOOT; TOUCH LEFT FOOT BESIDE RIGHT FOOT, BACK STEP LEFT FOOT, HOOK RIGHT CALF IN FRONT OF LEFT SHIN BONE WITH RIGHT FOOT DOING A TOE TOUCH (LIKE A SPIRAL HOOK) BESIDE LEFT FOOT END IT WITH A CHA-CHA LOCK FORWARD RIGHT LEFT RIGHT

- 2-3 Point left toe to left side & cross step left foot over right foot
4&5 Kick right foot forward & step back with right foot; touch left toe beside right foot
6-7 Step back with left foot, hook right calf in front of left shin bone touching right toe beside left foot (just on the left side of left foot)
8&1 Step right foot forward, step left foot behind right foot locking left knee back of right knee & step right foot forward releasing from the locked knees

¼ TURN BODY TO RIGHT STEPPING LEFT FOOT TO LEFT SIDE, ROCK RECOVER WEIGHT TO RIGHT, LEFT SAILOR SHUFFLE, POINT RIGHT TOE TO FRONT & SIDE, RIGHT SAILOR SHUFFLE MAKING A ¼ TURN BODY TO RIGHT AS YOU STEP RIGHT FOOT FORWARD

- 2-3 Make a ¼ turn body to right as you step left to left side and rock recover weight to right foot
4&5 Step left foot behind right foot, step right foot to right side & step left foot to left side (small step)
6-7 Point right toe to front & slightly across left foot and also to right side
8&1 Step back with right foot, make a ¼ turn body to right as you make a small step left foot to left side & step forward with right foot (this is your first step again back to the top of the routine)

REPEAT

EMail: kip_lo@yahoo.ca
