

Steppin' Again

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Lana Harvey Wilson (USA)
音樂: Lee Roy Parnell - One Foot In Front Of The Other : (CD: Every Night's A Saturday Night)



32 intro

FWD, HOLD, FWD, HOLD, BACK COASTER, SCUFF

1-2 Step L directly in front of R, hold
3-4 Step R directly in front of L, hold
5-6 Step back on L, step R next to L
7-8 Step forward on L, scuff R forward

FWD LOCK, SCUFF, SLOW 1/2 PIVOT

9-10 Step forward on R, step L forward and to outside of R
11-12 Step forward on R, scuff L forward
13-14 Step forward on L, hold
15-16 Pivot 1/2 right weight ending on R, hold

SIDE, HOLD, RECOVER, BEHIND, SIDE, FRONT CROSS, SIDE ROCK, 1/4 TURN

17-18 Rock L to left, hold
19-20 Recover on R, step L behind R
21-22 Step R to R to right, cross step L over R
23-24 Step R to right, recover on L turning 1/4 left

HEEL TOE STRUTS, STEP-CLOSE-STEP, 1/2 PIVOT/HOOK

25-26 Touch R heel forward, drop R toe taking weight
27-28 Touch L heel forward, drop L toe taking weight
29-30 Step forward on R, slide/step L next to R
31-32 Step forward on R, pivot 1/2 left hooking L foot over R leg

Begin Again.

Restart: On 5th pattern, starting on front wall, there is a 16 count instrumental pattern.

Dance the first 16 count through slow 1/2 pivot and restart on back (6:00 wall) as the singing resumes.

Pattern: 32, 32, 32, 32, 16, 32 till the end.

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