

Touching My Body (Amended)

COPPER **KNOB**
BY STEPHEN

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Joanne Wong (MY)
音樂: Touching My Body - Danity Kane



KICK, OUT, TOUCH, BALL CROSS, SIDE, BALL CROSS, KICK, OUT, OUT, TOUCH

- 1 & 2 Kick right forward (1), step right to right side (&), touch left to left side (2)
- & 3 - 4 Step left beside right (&), cross right over left (3), step left to left side (4)
- & 5 Step right beside left (&), cross left over right (5)
- 6 & 7 Kick right forward (6), step right to right side (&), step left to left side (7)
- 8 Touch right behind left (8)

STEP TOUCH X2, UNWIND $\frac{3}{4}$ RIGHT, BEND FORWARD, STRAIGHTEN UP

- 1 - 2 Step right to right side (1), touch left behind right (2)
- 3 - 4 Step left to left side (3), touch right behind left (4)
- 5 - 6 Unwind $\frac{3}{4}$ turn right, weight on right foot (5 - 6)
- 7 - 8 Bend body forward (7), straighten body to standing position (8)

$\frac{1}{4}$ RIGHT HIP BUMPS, FLICK $\frac{1}{4}$ LEFT, KICK, HITCH, COASTER STEP

- 1 - 2 Making a $\frac{1}{4}$ turn right, Bump hips to right side (1), bump hips to left side (2)
- 3 & 4 Bump hips to right side (3), bump hips to left side (&), flick right foot back, making a $\frac{1}{4}$ turn left (4)
- 5 - 6 Kick right forward (5), hitch right foot up (6)
- 7 & 8 Step back on right (7), step left beside right (&), step forward on right (8)

SKATE X2, FORWARD X2, TOUCH, BACK, TOUCH, KICK, STEP, TOGETHER

- 1 - 2 Skate left to left side (1), skate right to right side (2)
- 3 & 4 Step left foot forward to left diagonal (3), facing diagonally left, step forward on right (&), touch forward on left (4)
- 5 - 6 Step back on left (5), facing 9 o'clock, touch back on right (6)
- 7 & 8 Kick forward on right (7), step right beside left (&), step left foot in place (8)

HIP BUMPS, $\frac{1}{4}$ TURN RIGHT, BEND FORWARD, STRAIGHTEN UP, HIP BUMPS

- 1 - 2 Bump hips to right side, popping left knee forward (1), bump hips to left side, popping right knee forward (2)
- 3 & 4 Step right to right side, bumping hips to right side (3), bump hips to left side (&), bump hips to right side (4)
- & 5 - 6 Step left beside right, making a $\frac{1}{4}$ turn right (&), bend body forward (5), straighten body to standing position (6)
- 7 & 8 With feet together, bump hips to left side, popping right knee forward (7), bump hips to right side, popping left knee forward (&), bump hips to left side, popping right knee forward (8)

FLICK WITH SLAPS, SIDE, SLAPS, SIDE, SWAYS, STEP $\frac{1}{4}$ RIGHT, SWEEP $\frac{3}{4}$ RIGHT

- 1 & 2 Flick right foot back, making a $\frac{1}{4}$ turn left and slap right hand on right thigh (1), with right foot still flicked back, slap left hand on right thigh (&), step right to right side (2)
- & 3 - 4 Slap right hand on left foot (&), slap left hand on left foot (3), step left to left side (4)
- 5 - 8 Sway hips to right side (5), sway hips to left side (6), step forward on right, making a $\frac{1}{4}$ turn right (7), sweep left around right making a $\frac{3}{4}$ turn right, weight ending on left (8)

REPEAT

TAG: At the end of wall 4, facing 12 o'clock, do the last 16 counts again and then restart the dance again, facing 12 o'clock.