

Sugartime

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Dougie D (UK) - November 2006
音樂: Sugar and Pai - The Boots Band



16 count intro

Right heel digs x2, coaster step, left heel digs x2, coaster step.

1-2 dig right heel fwd twice.
3&4 step back on right, step left beside right, step fwd on right.
5-6 dig left heel fwd twice
7&8 step back on left, step right beside left, step fwd on left.

Syncopated vine left, left rock, 1/4 turn right, fwd shuffle.

1-2 step right over left, step left to left side.
3&4 step right behind left, step left to left side, step right over left.
5-6 rock to left side, recover on right with 1/4 turn right.
7&8 shuffle fwd, left, right, left

Full turn left, shuffle fwd, fwd rock, shuffle back.

1-2 step fwd on right, pivot 1/2 turn left, step back on left, pivot 1/2 turn left.
3&4 shuffle fwd, right, left, right.
5-6 rock fwd on left, recover on right.
7&8 shuffle back , left, right, left.

Monterey with 1/4 turn right x2.

1-2 point right to right side, turn 1/4 right, stepping right beside left
3-4 point left to left side, step left beside right.
5-6 point right to right, turn 1/4 right, stepping right beside left.
7-8 point left to left side, step left beside right

Walk fwd, right, left, shuffle 1/2 turn left, back rock, shuffle 1/2 turn right

1-2 walk fwd on right, walk fwd on left.
3&4 shuffle 1/2 turn left ; right, left, right
5-6 rock back on left, recover on right.
7&8 shuffle 1/2 turn right ; left, right, left.

Sailor steps x2(travelling back) back rock, kick ball change

1&2 cross right behind left, step left to left side, step right beside left (travelling back),
3&4 cross left behind right, step right to right side, step left beside right.
5-6 rock back on right, recover on left.
7&8 kick right leg fwd, step right beside left, step left in place.

Cross mambos x2 (travelling fwd), jazz box.

1&2 cross right over left, step left to left side, step on to right.(travelling fwd)
3&4 cross left over right, step right to right side, step on to left (travelling fwd)
5-6 cross right over left, step back on left.
7-8 step right beside left, step, step left beside right

Chasse right, back rock, shuffle 1/2 turn right, back rock.

1&2 step right to right side, step left next to right, step right to right side.
3-4 rock back on left, recover on right.
5&6 shuffle 1/2 turn right ; left, right, left.
7-8 rock back on right, recover on left

