

Starting Over Again

拍數: 64 牆數: 2 級數: Intermediate
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音樂: More Than I Needed To Know - Scooch : (CD: Four Sure)



TOE STRUTS, SHUFFLE, 1/2 TURN (RIGHT SIDE)

1-2 Step forward on right toe, snap heel to floor
3-4 Step forward on left toe, snap heel to floor
5&6 Step forward right, step left beside right, step forward right
7-8 Step forward left, pivot 1/2 turn right

TOE STRUTS, SHUFFLE, 1/2 TURN (LEFT SIDE)

1-2 Step forward on left toe, snap heel to floor
3-4 Step forward on right toe, snap heel to floor
5&6 Step forward left, step right beside left, step forward left
7-8 Step forward right, pivot 1/2 turn left

FORWARD, SIDE, SAILOR SHUFFLE (RIGHT AND LEFT)

1-2 Touch right toe forward, touch right toe to right side
3&4 Step right behind left, step left to left, step right in place
5-6 Touch left toe forward, touch left toe to left side
7&8 Step left behind right, step right to right, step left in place

SIDE STEPS, CROSSOVERS, 1/2 TURN SHUFFLE

1-2 Touch right toe to right, cross step right over in front of left
3-4 Touch left toe to left, cross step left over in front of right
5-6 Step right forward, pivot 1/2 turn left
7&8 Step forward right, close left beside right, step forward right

ROCK LEFT, 1/2 TURN SHUFFLE, ROCK RIGHT, 3/4 TURN SHUFFLE, ROCK, STEP LEFT & CROSS

1-2 Rock forward on left, recover weight on right
3&4 Shuffle left, right, left turning 1/2 left over left shoulder
5-6 Rock forward on right, recover weight on left
7&8 Shuffle right, left, right turning 3/4 right over right shoulder
9-10 Rock forward on left, recover weight on right
11&12 Step left to left, step right slightly back, cross left over right

SIDE TOE STRUT, 1/2 TURN TOE STRUT, ROCK, CHASSE RIGHT

1-2 Step right toes to right, snap heel to floor
3-4 1/2 turn pivot on right stepping left toes to left, snap heel to floor
5-6 Rock right back behind left, recover weight on left
7&8 Step right to right, close left to right, step right to right

CROSSOVER STRUT, 1/4 TURN STRUT, ROCK, COASTER STEP

1-2 Step left toes across in front of right, snap heel to floor
3-4 Turning 1/4 right step right toes forward, snap heel to floor
5-6 Rock forward left, recover right
7&8 Step back left, step right beside left, step forward left

RIGHT VINE 2, HEEL & CROSS

1-2 Step right to right, step left behind right
3&4 Touch right heel forward right, step left beside right, cross left over in front of right