Disco Round



編舞者: Kathy Hunyadi (USA) - December 2006

音樂: I Love the Nightlife (Disco 'Round) - Alicia Bridges



Start with vocals

1-8 1&2 3&4 5&6 7,8	KICK BALL CROSS, KICK BALL CROSS, SIDE SHUFFLE, ROCK STEP Traveling to right - Kick R forward, Step back on ball of R, Step L over R Traveling to right - Kick R forward, Step back on ball of R, Step L over R Shuffle side right - R, L, R Rock back on L, Step R in place (recover)
9-16	TOE-HEEL STRUT, TOE-HEEL STRUT, SIDE ROCK, CROSSING SHUFFLE
1,2	Step L toe to side, Drop heel down
3,4	Step R toe across L, Drop heel down
5,6	Rock to side on L, Step R in place (recover)
7&8	Cross L over R, Step slightly back on ball of R, Cross L over R
47.04	MON MON ON OR OUTSELF WITH 4/4 TURN BIOLIT MON MON OR OUTSELF.
17-24	KICK, KICK, SAILOR SHUFFLE WITH 1/4 TURN RIGHT, KICK, KICK, SAILOR SHUFFLE WITH 1/4 TURN LEFT
1,2	
1,2 3&4	WITH 1/4 TURN LEFT
1,2 3&4 5,6	WITH 1/4 TURN LEFT Kick R foot forward, Kick R to side Cross R behind L while turning 1/4 right, Step L to side, Step R to side Kick L foot forward, Kick L to side
1,2 3&4	WITH 1/4 TURN LEFT Kick R foot forward, Kick R to side Cross R behind L while turning 1/4 right, Step L to side, Step R to side
1,2 3&4 5,6 7&8	WITH 1/4 TURN LEFT Kick R foot forward, Kick R to side Cross R behind L while turning 1/4 right, Step L to side, Step R to side Kick L foot forward, Kick L to side Cross L behind R while turning 1/4 left, Step R to side, Step L to side
1,2 3&4 5,6 7&8	WITH 1/4 TURN LEFT Kick R foot forward, Kick R to side Cross R behind L while turning 1/4 right, Step L to side, Step R to side Kick L foot forward, Kick L to side Cross L behind R while turning 1/4 left, Step R to side, Step L to side ROCK, STEP, 3/4 RIGHT TURN, SHUFFLE STEP, ROCK, STEP, COASTER STEP
1,2 3&4 5,6 7&8	WITH 1/4 TURN LEFT Kick R foot forward, Kick R to side Cross R behind L while turning 1/4 right, Step L to side, Step R to side Kick L foot forward, Kick L to side Cross L behind R while turning 1/4 left, Step R to side, Step L to side
1,2 3&4 5,6 7&8 25-32 1,2	WITH 1/4 TURN LEFT Kick R foot forward, Kick R to side Cross R behind L while turning 1/4 right, Step L to side, Step R to side Kick L foot forward, Kick L to side Cross L behind R while turning 1/4 left, Step R to side, Step L to side ROCK, STEP, 3/4 RIGHT TURN, SHUFFLE STEP, ROCK, STEP, COASTER STEP Rock forward on R, Recover weight to L & turn 3/4 to right
1,2 3&4 5,6 7&8 25-32 1,2 3&4	WITH 1/4 TURN LEFT Kick R foot forward, Kick R to side Cross R behind L while turning 1/4 right, Step L to side, Step R to side Kick L foot forward, Kick L to side Cross L behind R while turning 1/4 left, Step R to side, Step L to side ROCK, STEP, 3/4 RIGHT TURN, SHUFFLE STEP, ROCK, STEP, COASTER STEP Rock forward on R, Recover weight to L & turn 3/4 to right Shuffle in place R, L, R

Music: "I Love the Nightlife" by Alicia Bridges (available at www.CDnow.com). I use the original but not extended version of this song. This is by far the BEST version of this song even if it doesn?t quite phrase. Accept no imitation!