

Highway Of Life

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Letha Blackford (USA)
音樂: Life Is a Highway - Rascal Flatts



HEEL, HITCH, HEEL, LEFT COASTER STEP, HEEL, HITCH, HEEL, RIGHT COASTER STEP

1&2 Touch left heel forward, hitch left knee, touch left heel forward
3&4 Step left foot back, step right foot back next to left, step left foot forward
5&6 Touch right heel forward, hitch right knee, touch right heel forward
7&8 Step right foot back, step left foot back next to left, step right foot forward

LEFT SHUFFLE, RIGHT SHUFFLE, ½ TURN RIGHT, LEFT SHUFFLE

1&2 Step left foot forward, right together with left, step left foot forward
3&4 Step right foot forward, left together with right, step right foot forward
5-6 Step left foot forward, make ½ turn right (weight on right)
7&8 Step left foot forward, right together with left, step left foot forward

¼ TURN LEFT, RIGHT SAILOR, LEFT SAILOR, STAMP, STAMP

1-2 Step right foot forward, make ¼ turn left (weight on left)
3&4 Step right foot behind left, left to left, right beside left
5&6 Step left foot behind right, right to right, left beside right
7-8 Stamp right foot twice (stomp right foot, raise right foot, stomp right foot, raise right foot)

RIGHT KICK BALL CHANGE, RIGHT KICK BALL CHANGE, WALK BACK- RIGHT, LEFT, RIGHT, TOUCH RIGHT

1&2 Kick right foot forward, step right foot next to left, step left foot next to right 3&4 kick right foot forward, step right foot next to left, step left foot next to right
5-6 Walk back right, walk back left
7-8 Walk back right, touch left next to right

REPEAT

TAG: End of wall 7

1-2 Bump hips to the left
3-4 Bump hips to the right

Email: blackfordla@hotmail.com