I'm Wrapped



拍數: 64 牆數: 4 級數: Improver

編舞者: Sylvia Schell (USA) - March 2007

音樂: Wrapped - George Strait: (CD: It Just Comes Natural)



Begin on vocals

CROSS, SIDE, SAILOR, CROSS, 1/4 TURN, COASTER

1-2 Cross left over right, step right to right side

Step left behind right, step right to side, step left beside right
Cross right over left, step back on left turning 1/4 right
Step back on right, step left beside right, step right forward

WALK, WALK, RUN, RUN, RUN, STEP 1/4 TURN, KICKBALL CHANGE

1-2 Step forward left, step forward right3&4 Running steps forward (left, right, left)

5-6 Step forward right, 1/4 pivot left (weight goes to left)
7&8 Kick right forward, step on ball of right, step left in place

CROSS, SIDE, SAILOR, CROSS, 1/4 TURN, COASTER

1-2 Cross right over left, step left to left side

3&4 Step right behind left, step left to left side, step right beside left

5-6 Cross left over right, step back on right turning 1/4 left 7&8 Step back on left, step right beside left, step left forward

WALK, WALK, RUN, RUN, RUN, STEP 1/4 TURN, KICKBALL STEP

1-2 Step forward right, step forward left3&4 Running steps forward (right, left, right)

5-6 Step forward on left, 1/4 pivot right (weight goes to right)
7&8 Kick left forward, step on ball of left, step right forward

ROCK, RECOVER, SHUFFLE 1/2 TURN, ROCK, RECOVER, SHUFFLE 1/4 TURN

1-2 Rock forward on left, recover right
3&4 Turning 1/2 left shuffle left, right, left
5-6 Rock forward on right, recover left
7&8 Turning 1/4 right shuffle right, left, right

CROSS, TOUCH, CROSS, TOUCH, BEHIND, TOUCH, BEHIND, TOUCH

1-2 Cross left over right, touch right to right side
3-4 Cross right over left, touch left to left side
5-6 Cross left behind right, touch right to right side
7-8 Cross right behind left, touch left to left side

RESTART from here on walls 2 and 4

SAILOR, BEHIND, 1/4 TURN, STEP, STOMP, KICK, COASTER

1&2 Step left behind right, step right to right side, step left beside right

3&4 Step right behind left, turning 1/4 left step forward with left, step right beside left

5-6 Stomp left, kick left forward

7&8 Step back on left, step right beside left, step forward on left

HEEL STRUT, HEEL STRUT, STEP 1/4 TURN, RUN, RUN, RUN

1-2 Touch right heel forward, slap toe down3-4 Touch left heel forward, slap toe down

5-6 Step forward on right, turn 1/4 left (weight goes to left)

7&8 Running steps forward (right, left, right)

REPEAT

RESTARTS: On wall 2 and 4 dance through set 6 (the cross, touches) and restart dance from beginning. Both restarts are on the 12:00:00 wall