

# Wind It Up

**COPPER KNOB**  
STEPPERS

拍數: 32                      牆數: 2                      級數: Intermediate  
編舞者: Shaz Walton (UK) - January 2007  
音樂: Wind It Up - Gwen Stefani : (Album: Sweet Escape)



Count in ? 48 counts from very beginning. On Main vocals.

Sequence: 32, 32, 32, (16 TAG), 32, 32 32, (16 TAG), 32, 32, (4 count TAG) , (16 count TAG) x2 BIG ENDING!!

**Monterey ¾ right. & touch. Knee pops x 3. Ball cross.**

1-2-3            Point right to right side. Turn ¾ right stepping right beside left. Point left to left side.  
&4                Step left beside right. Touch right beside left with right knee facing left knee  
5-6-7            Keeping feet together roll right knee to right. Roll left knee to left. roll right knee to right.  
&8                Step left beside right. Cross right over left.

**¼ lunge heel. Ball step. ½ turn left. Heel. Raise. Toes swivel. Ball cross.**

1-2                Make ¼ turn left lunging to left with toes of right foot pointing up. Hold  
&3                Step right beside left. Step left forward.  
&4                Make ½ turn left stepping back on right. Touch left heel forward.  
5                  Raise up on toes of both feet facing left diagonal keeping knees together.  
&6 -7            Swivel on toes to right diagonal, bending knees. Swivel to left diagonal- straighten up. Hold  
&8                Step left beside right. Step right across left.

**Stomp. Ball. Cross. Ball cross. ¾ turn right. Out. Out. In. Cross.**

1-2                Stomp left to left side. Hold  
&3                Step right beside left. Cross left over right.  
&4                Step right beside left. Cross left over right.  
5-6                Make ¾ turn right keeping weight back on left foot. Hold  
&7                Step right out to right. Step left to left.  
&8                Step right in. cross left over right.

**Hitch. Cross. Point. Touch. Ronde ¼. Switch & switch.**

1-2                Hitch right knee. Cross step over left.  
3-4                Point left to left side. Touch left behind right.  
5-6                Hitch left & circle up & around as you make ¼ turn left. Cross left over right.  
7&                Point right out to right. Step right beside left.  
8&                Point left to left side. Step left beside right.

**\*\*16 count TAG: Danced AFTER 3rd & 6th repetition (both facing back wall) & TWICE After 8th repetition \*\***

**Tap. Stomp. Flick. Back. Side. Together. Side. Tap. Stomp. Flick. Back. Side. Together. Side.**

&1                Tap right foot diagonally left. Stomp right over left as you flick left behind right.  
2-3&4            Step back on left. step right to right. Step left beside right. Step right to right.  
&5                Tap left diagonally right. Stomp left over right as you flick right behind left.  
6-7&8            Step back on right. Step left to left. step right beside left. step left to left.

**Tap. Press. Coaster step. 1 ½ turn left. (let the music inspire you!)**

&1-2            Tap right foot forward. Press forward on right foot.  
3&4            Step back right. Step left beside right. Step right forward.  
5&6&7&8        Step ½ turn left stepping left forward. Paddle a full turn left using the ball of your right foot to propel you.

**\*\*4 count TAG: dance at the END of the 8th repetition**

**syncopated touches x 4 (make them quite stompy)**

1&2            Touch ball of right foot forward. Step right beside left. Touch ball of left forward.

&3 Step left beside right. Touch ball of right forward.

&4& Step right beside left. Touch ball of left forward. step left beside right.

**The final time you do the 16 count tag, you will be facing the home wall, finish the dance by making your last step HUGE!! Make it a BIG ENDING!! Shout HEY!**

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