

# Learning The Blue

拍數: 64      牆數: 2      級數: Beginner  
編舞者: Lynne Martino (USA) - December 2006  
音樂: Learning The Blues Sung - Frank Sinatra : (Album: The Capital Years, 1990,  
contemporary, vocal jazz)



- 1-8                    Points Right Side and Front, Step Right, Cross Left, Step Right**  
1-4                    Point R toe to right side and hold, point R toe forward and hold  
5-8                    Step R to the right, cross L over R, step on R and hold
- 9-16                   Points Left Side and Front, Step Left, Cross Right, Step Left**  
1-4                    Point L toe to left side and hold, point L toe forward and hold  
5-8                    Step L to the left, cross R over L, step on L and hold
- 17-24                   Step Right Forward, Touch Left, Step Left Back, Touch Right, Step Right Back, Touch Left, Step Left Forward, Touch Right**  
1-4                    Step R forward angling slightly and touch L next to R, Step L back on a slight angle and touch R next to L  
5-8                    Step R back angling slightly and touch L next to R, Step L forward angling slightly, and touch R next to L
- 25-32                   Step Right, Left Sailor, Right Sailor**  
1-4                    Step R to the right, step L behind R, step R next to L, step L next to R  
5-8                    Step R behind L, step L next to R, step R to R side and hold
- 33-40                   Weave L, Cross Left Over Right, Step on Right ¼ turn left, Step L**  
1-4                    Cross L over R, step R to right side, cross L behind R, step R to right side  
5-8                    Cross L over R, step back on R making a ¼ turn left, step forward on L and hold
- 41-48                   Right and Left Rock and Cross**  
1-4                    Rock R to right side, recover on L, cross R over L and hold  
5-8                    Rock L to left side, recover on R, cross L over R and hold
- 49-56                   Right and Left Forward Rock Steps with Heel and Foot Lifts**  
1-4                    Step R forward and raise right heel and left foot(for cts. 1,2), step back on L, step R next to L  
5-8                    Step L forward and raise left heels and right foot(for cts.5,6), step back on R, step L next to R
- 57-64                   Right Jazz Box with a ¼ Turn Left**  
1,2                    Cross R over L and hold  
3,4                    Step back on L and hold  
5,6                    Step R to right side and hold  
7,8                    Step forward on L ¼ turn left and hold

**RESTART: Dance the FIRST 32 counts and start again**

**TAG: ADD another jazz box without the ¼ turn**

**Sequence of restarts and tags:**

**Wall 3-12 o'clock, dance 1st 32 cts and start again**

**Wall 4-6 o'clock, end of Wall 3, add another jazz box**

**Wall 4- 6 o'clock, dance 1st 32 cts and start again**

**Wall 5-12 o'clock, end of wall 4, add another jazz box**

