

拍數: 32 編數: Intermediate

編舞者: Stephen Paterson (AUS) - January 2007 音樂: Last Dollar (Fly Away) - Tim McGraw



Start after 48 Beats.

1-4 1& 2& 3&4	RUNNING MAN: (RIGHT AND LEFT) AND FORWARD ROCK BACK Step forward onto right, scoot right back while lifting left (&), Step forward onto left, scoot left back while lifting right (&), Step forward onto right, recover onto left in place (&), step back onto right
5-8 1&2 3 4	* LEFT COASTER, STEP HALF Step back onto left, step right beside left (&), step forward onto left Step forward onto right Pivot 1/2 left taking weight onto left *
9-12 1 & 2 & 3&4	QUARTER SIDE ROCK, QUARTER BACK ROCK, SHUFFLE FORWARD Turn 1/4 left while lifting right before stepping right out to side, Recover onto left in place (&) Turn 1/4 right while lifting right before stepping back onto right, Recover onto left in place (&) Step forward onto right, step left beside right (&), step forward onto right
13-16 1& 2& 3&4	** STEP QUARTER, CROSS SIDE, SAILOR QUARTER Step forward onto left, pivot 1/4 right taking weight onto right (&) Step left across in front of right, step right out to side (&) Step left behind right, step right out to side (&), turn 1/4 left then step left in place **
17-20 1&2 2 3& 4	CROSS SAMBA, ROCK RECOVER QUARTER Step right across in front of left, step left out to side (&), recover onto right in place Step forward onto left, recover back onto right in place (&) Turn 1/4 left then step left out to side
21-24 1&2 2 3& 4	CROSS SAMBA, ROCK RECOVER QUARTER Step right across in front of left, step left out to side (&), recover onto right in place Step forward onto left, recover back onto right in place (&) Turn 1/4 left then step left out to side
25-28 1& 2 3& 4	*** ROCK RECOVER HALF, STEP HALF FORWARD Step forward onto right, recover onto left in place (&), Turn 1/2 right then step forward onto right Step forward onto left, pivot 1/2 right taking weight onto right (&) Step forward onto left ***
29-32 5,6 7,8	WALK, WALK, STEP QUARTER Step forward onto right, step forward onto left, Step forward onto right, pivot 1/4 left taking weight onto left

This Dance is choreographed to have a funky bouncy feel especially on the 'Rock Recover' steps.

RESTARTS: (easier than they look!) - "the music tells you"

On wall 2, (starts 9 o'clock) dance up to count 8 (*), then restart. (Restarting to 3 o'clock wall) On wall 5, (starts 9 o'clock) dance up to count 16 (**) then restart. (Restarting to 3 o'clock wall)

On wall 8, (starts 9 o'clock) dance up to count 16 (**) then restart. (Restarting to 3 o'clock wall) On wall 10, (starts to front) dance up to count 28 (***) then restart. (Restarting to front)

FINISH: On wall 13, (the only time you start the dance to the back wall) dance up to count 8, finishing to the front, at approximately 3 minutes 40 seconds. Fade music.