

I'm Not Ready

COPPER **KNOB**
BY STEPHEN HETS

拍數: 68 牆數: 2 級數: Advanced
編舞者: Karen Jennings (AUS) - December 2006
音樂: Not Ready to Make Nice - The Chicks : (Album: Taking The Long Way - 3:58)



DANCE STARTS: 16 COUNT INTRO (Start on Vocals);VERSION 1.00

PART A - 32 Counts

- 1-8 ROCK FWD, REPLACE, SHUFFLE BACK, TOUCH BACK, 1/4 PIVOT, STEP BESIDE, CROSS STEP, STEP SIDE**
1,2,3&4 Rock Fwd R, Replace Weight L, Shuffle Back Stepping R, L, R
5,6&7,8 Touch L Toe Back, 90* Pivot over L (keep weight R), Step L Beside R, Step R Over L, Step L to L Side. (9 O'Clock)
- 9-16 R SAILOR, STEP BEHIND, STEP FWD 1/4, STEP SIDE 1/4, ROCK BACK, REPLACE, FULL TURN TRIPLE**
1&2,3&4 Step R Behind L, Step L to L Side, Step R to R Side, Step L behind R, Turning 90* R Step R Fwd, Continue Turning 90* Over R to Step L to L Side.
5,6,7&8 Rock Back on R (45* angle), Replace Weight L, Turning 360* Over L Travelling R Step R, L, R. (3 O'Clock)
- 17-24 SWEEP STEP BACK, SWEEP STEP BACK, COASTER STEP, STEP FWD, 1/2 TWIST, 1 1/2 TURN**
1,2,3&4 Sweep Step Back L, Sweep Step Back R, Step Back L, Step R Beside L, Step L Fwd. **
5,6,7&8 Step R Fwd, Twist 180* on Toes Over L, (End with weight on L), Travelling Back Turn 540* Over R Stepping R, L, R. (3 O'Clock).
- 25-32 STEP FWD, DRAG, STEP BESIDE, ROCK FWD, REPLACE, COASTER STEP, STEP FWD, 3/4 PIVOT**
1,2&3,4 Step L Fwd, Drag R Towards L, Step R Beside L, Rock Step L Fwd, Replace Weight on R.
5&6,7,8 Step L Back, Step R Beside L, Step L Fwd, Step R Fwd, 270* Pivot Over L (ending with weight on L). (6 O'Clock)

PART B - 36 Counts

- 1 - 8 FWD COASTER, BACK COASTER, STEP FWD, 1/2 PIVOT, 1/2 SHUFFLE BACK**
1&2,3&4 Step R Fwd, Step L Beside R, Step R Back, Step L Back, Step R Beside L, Step L Fwd.
5,6,7&8 Step R Fwd, 180* Pivot Over L (ending with weight L), Turning a further 180* over L shuffle Back Stepping R, L, R. (6 O'Clock)
- 9 - 16 1/2 SHUFFLE FWD, STEP FWD, 1/2 PIVOT, STEP FWD, 1 1/2 TURN, ROCK BACK, REPLACE**
1&2,3&4 Turning a further 180* over L Shuffle Fwd L,R,L, Step R Fwd, 180* Pivot Over L (end with weight on L), Step R Fwd.
5,6&7,8 Turning 540* Over R Step Fwd L,R,L, Rock R Back, Replace weight L(6 O'Clock)
- 17 - 24 R SAMBA, CROSS, 1/4 TURN, 1/4 TURN, R SAMBA, CROSS, 1/4 TURN, 1/4 TURN**
1&2,3&4 Cross Step R Over L, Step L to L Side, Step R To R Side, Cross Step L Over R, Turning 90* L Step Back on R, Turning 90* L Step L to L Side.
5&6,7&8 Cross Step R Over L, Step L to L Side, Step R To R Side, Cross Step L Over R, Turning 90* L Step Back on R, Turning 90* L Step L to L Side (6 O'Clock)
- 25 - 32 CROSS ROCK, REPLACE, STEP BESIDE, CROSS ROCK, REPLACE, STEP BESIDE, STEP FWD, 1/2 PIVOT, STEP FWD, 1/2 PIVOT, STEP FWD**
1,2&3,4& Cross Rock R over L, Replace Weight on L, Step R Beside L, Cross Rock L over R, Replace Weight on R, Step L Beside R.

5,6,7&8 Step R Fwd, 180* Pivot Over L (ending with weight on L), Step R Fwd, 180* Pivot Over L (ending with weight on L), Step R Fwd. (6 O'Clock) *

33 - 36
1,2&3,4 **SIDE ROCK, REPLACE, STEP BESIDE, SIDE ROCK, REPLACE**
Rock Step L to L Side, Replace Weight on R, Step L Beside R, Rock Step R to R Side, Replace Weight on L.

TAG - 16 COUNTS

1 - 8 LUNGE FWD, REPLACE, 1/2 TURN SHUFFLE FWD, STEP FWD, 1/2 PIVOT, STEP FWD, SHUFFLE FWD

1,2,3&4 Lunge Step R Fwd, Replace Weight on L, Turning 180* Over R Shuffle Fwd R,L,R
5&6,7&8 Step L Fwd, 180* Pivot over R (ending with weight on R), Step L Fwd, Shuffle Fwd R, L, R.

9-16 LUNGE FWD, REPLACE, 1/2 TURN SHUFFLE FWD, STEP FWD, 1/2 PIVOT, STEP FWD, SHUFFLE FWD

1,2,3&4 Lunge Step L Fwd, Replace Weight on R, Turning 180* Over L Shuffle Fwd L,R,L
5&6,7&8 Step R Fwd, 180* Pivot over L (ending with weight on L), Step R Fwd, Shuffle Fwd L, R, L.

DANCE SEQUENCE:

Wall 1 - Part A

Wall 2 - Part A

Wall 3 - Part B

Wall 4 - Part A

Wall 5 - Part B

TAG

Wall 6 - Part B, dance to count 32 only *, then add an & count - Step L beside R

Wall 7 - Part B

Wall 8 - Part A, dance to count 20 only ** then restart

Wall 9 - Part A, this will start on 9 O'Clock wall, and dance will finish on count 26 at 12 O'Clock Wall.

Note: Wall 9 is the only side wall in the dance.

Thanks for your help Amy.

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