

Fun Fun Fun

拍數: 56 牆數: 1 級數: Improver
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音樂: You Never Can Tell - Aaron Neville



Toe Struts

1-2 Step right toe forward. Drop heel taking weight.
3-4 Step left toe forward. Drop heel taking weight,
5-6 Step right toe forward. Drop heel taking weight.
7-8 Step left toe forward. Drop heel taking weight.

Step, Heel Taps, Step, Heel Taps

1-4 Step right foot diagonally forward, tap right heel 3 times, put weight on right foot on 3rd tap.
Option: lean to right as you tap heel, bring right hand up in front of face and brush 2 fingers (pointer and middle fingers spread apart) across face. Palm out or in.
5-8 Step left foot diagonally forward, tap left heel 3 times, put weight on left foot on 3rd tap.
Option: lean to left as you tap heel, bring left hand up in front of face and brush 2 fingers (pointer and middle fingers spread apart) across face. Palm out or in.

Step, 1/4 Turn Left, Shuffle, 1/2 Turn Right, Shuffle

1-2 Step forward on right, pivot 1/4 turn left.
3&4 Shuffle right, left, right.
5-6 Step forward on left, pivot 1/2 turn right.
7&8 Shuffle forward left, right, left.

Boogie Walks, Heel Splits

1 Step slightly forward on right swivelling on ball of right foot so heel turns slightly out.
2. Step slightly forward on left swivelling on ball of left foot so heel turns slightly out.
3. Step slightly forward on right swivelling on ball of right foot so heel turns slightly out.
4. Step slightly forward on left swivelling on ball of left foot so heel turns slightly out.(plant weight on left foot)
5-6 Feet together, put weight on toes and fan heels out, return heels to center.
7-8 Feet together, put weight on toes and fan heels out, return heels to center.

Heel Bounces, Jumps

1-4 Feet together, bounce heels up and down 4 times.
5&6 Jump forward on right, bring left beside right, clap.
7&8 Jump back on right, bring left beside right, clap.

Hip Bumps, Hip Roll

1-2 Bump hips right 2 times.
3-4 Bump hips left 2 times.
5-8 Roll hips right, left, right, left.

Twist

1-4 Lean back on right foot, move hips right, left, right, left, while moving arms bent at elbow side to side.
5-8 Lean forward left foot, move hips right, left, right, left, while moving arms bent at elbow side to side.

START OVER, Have lots of (FUN FUN FUN)
