A Slow Country Dance

級數: Improver

編舞者: Paul Dornstedt (USA) & Karla Dornstedt (USA)

音樂: Slow Country Dance - Marv Chapin Carpenter

牆數:2

Lead in 12 counts This dance is especially for you Liz Salikin. Thanks for suggesting the music.

Α

TWINKLE, CROSS, SIDE, BEHIND 1 - 3 Cross left over right, step right side right, step left next to right Cross right over left, step left side left, cross right behind left 4 - 6 FORWARD, DRAG, TOUCH, COASTER STEP В 1 - 3 Step diagonally forward left on left, drag right towards left, touch right toe behind left heel Step back on right, step left next to right, take small step forward on right 4 - 6 С CROSS, SIDE, BEHIND, FORWARD, DRAG, TOUCH 1 - 3 Cross left over right, step right side right, cross left behind right 4 - 6 Step diagonally forward right on right, drag left towards right, touch left toe behind right heel D COASTER STEP, CROSS, HOLD, HOLD 1 - 3 Step back on left, step right next to left, take small step forward on left Cross right over left, hold, hold 4 - 6 TURN 1/4 LEFT, FORWARD, TURN 1/2 LEFT, STEP, LOCK, STEP Ε Turn 1/4 left and step forward on left, step forward on right, turn 1/2 left and step forward on 1 - 3 left 4 - 6 Step diagonally right forward on right, lock left behind right, step diagonally right forward on right STEP, LOCK, STEP, ROCK, RECOVER, TURN 1/4 RIGHT F 1 - 3 Step diagonally left forward on left, lock right behind left, step diagonally left forward on left 4 - 6 Rock forward on right, recover weight back on left, turn 1/4 right and step right side right CROSS, SIDE, BEHIND, SIDE, DRAG, TOUCH G 1 - 3 Cross left over right, step right side right, cross left behind right 4 - 6 Take a long step right on right, drag left towards right, touch left in front of right TWINKLE, CROSS, SIDE, BEHIND Η 1 - 3 Cross left over right, step right side right, step left next to right 4 - 6 Cross right over left, step left side left, cross right behind left SIDE, DRAG, TOGETHER L 1 - 3 Take a long step left on left, drag right towards left, step right next to left REPEAT

TAG: After count 24 on the 3rd wall (facing front wall, and 6th wall (facing back wall)

1-3 Sway left side left, sway right side right, touch left next to right, continue with count 25

RESTART: after completing the 3rd repetition do the first 12 counts then restart the dance.

ENDING: dance ends on count 24 (D-6), you will be facing the back wall.

D COASTER STEP, CROSS, UNWIND

- 1 3 Step back on left, step right next to left, take small step forward on left
- 4 6 Cross right over left, unwind 1/2 turn left in 2 counts to face front





拍數: 51